

PART II: MAPPING

3 British Muslims: An overview

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Introduction

There has been a Muslim presence in Britain for hundreds of years (Ansari 2004). However, it was not until the 1960s that visible Muslim settlements occurred. As a result of labour shortages after the second world war, citizens of the British Commonwealth, many of whom were Muslim, were recruited to take up work in the United Kingdom. Unsurprisingly, because of the availability of work in the industrial sectors, migrants headed for some of the main industrial centres and communities began to emerge in areas such as Greater London, the South East, West Midlands, West Yorkshire and Lancashire in England; central Clydeside in Scotland; the ports of South Wales; and Northern Ireland's capital, Belfast (Hussain 2008).

Once the labour shortage was taken care of, the British government introduced legislation to end large-scale migration. However, families of workers were still permitted to join them, and did so until the 1970s. In addition to those from South Asia, who were primarily economic migrants, a different type of migration phenomenon occurred from the 1970s onwards. Those coming from the Middle East to Britain appeared to have a much more diverse profile, originating from various national and social backgrounds. Arabs who had taken advantage of their financial gain from the oil crisis of 1973–1974 invested in property and businesses. In addition, as political unrest increased in the region, professionals from the Middle East took up employment in Britain (Jalili 2004).

The number of refugees from Muslim lands began to grow as a result of ethno-religious and communal conflicts, famines, and natural disasters in a number of locations. This included refugees from Somalia and East Africa, as well as the Middle East; however, from the 1990s onwards, there began a much more apparent arrival of asylum-seeking communities in the form of European Muslims from Bosnia and Kosovo, as well as Kurds and Afghans. Despite this, as will be discussed below, the majority of British Muslims have their origins in South Asia as a result of the British colonial legacy.

Becoming a faith community

Until the 1980s British Muslims were viewed primarily in terms of their ethnicity and countries of origin, rather than as members of a collective faith group. In part this was due to an overall perceived decrease in the importance of religion in Britain. Weller (2004: 5) argued that, in keeping with the secularization thesis, there was an assumption that religion would overwhelmingly be removed from the public into the private sphere for all Britons, including any newcomers. However, as non-European-origin communities became more established in Britain, the emphasis on religious practice did not decrease. A well-known study conducted by Modood and colleagues using the Fourth National Survey of Ethnic Minorities (Modood et al. 1997: 356) demonstrated clearly that when compared with the sample of White British 16–34-year-olds – among whom only 5% felt that religion was 'very important' in how they lived their lives – nearly 20% of Caribbean-origin and around 35% of South-Asian-origin respondents in the same age group reported it being so.

For some groups the separation of religion from the public domain was particularly problematic, especially those for whom regular practice throughout the day, such as the five prayers, was a requirement. Modood et al. wrote, 'Religion is perhaps the key area where the minority groups manifest a cultural dynamic which is at least partly at odds with native British trends' (1997: 356). Authors such as Yousif (2000) and Merry (2004) discussed how minority groups would often have to repackage their faith practice as part of 'cultural preservation' in order to access public resources and support for faith-based activities (Merry 2004: 127).

There was a growing body of evidence from the early 1990s that not only supported Modood's findings but suggested that religiosity and religious identification was becoming more salient than ethnic identity among second- and subsequent-generation Muslims (Hutnik 1985, Ballard 1994, Saeed et al. 1999). A popular explanation for the apparent lack of religious acculturation was that Muslim communities in Britain were feeling more marginalized than other groups (Ballard 1994). Globally, developments such as communal tensions in South Asia, as well as the genocide of Muslims in the former Yugoslavia, highlighted persecution based on faith affiliation. In

Britain itself many Muslims felt unsupported in their reaction to Salman Rushdie's *The Satanic Verses* and faced a backlash from those who they felt prioritized freedom of speech above respect for minorities (Khan 2000).

In addition, data collected for the 1991 National Census of Population for England and Wales found that Pakistani and Bangladeshi (Muslim-majority) groups were demonstrating higher levels of disadvantage across a number of measures. Such findings increased frustrations over inadequate service provision for Muslims living in Britain. The Muslim Council of Great Britain, established as an umbrella body for mosques and other Islamic organizations, began lobbying for greater religious-group monitoring. In 1997, the Runnymede Trust published findings which supported much of what was suspected among grassroots communities: that Britain's Muslim groups faced discrimination on the basis of their faith, and that global events were affecting the way Muslims were being perceived. The report – *Islamophobia: A Challenge for Us All* – was one of the first publications to highlight how the way Muslims were

both perceiving themselves and being perceived had moved beyond simply ethnicity and racism.

The availability of 'hard facts' on Muslims was argued by the Muslim Council of Britain as an important step in recognizing the needs of this faith group in a more meaningful way. Active campaigning took place for the inclusion in government surveys of an official category for religious minorities, as many Muslims continued to be hidden among ethnic and country-of-birth categories. Britons of Turkish descent, for example, ticked 'White' when presented with no specific category of their own. It was therefore impossible to know how many Muslims there were in Britain using ethnicity data alone, or what their needs as a faith group were.

The campaign for comprehensive countrywide data was an example of how Muslims emerged as political group of actors, pushing their concerns onto policy and research agendas. In 2001, for the first time, demographic data on Muslims across the length and breadth of Britain became available. This information was seen as an imperative tool in both understanding

Table 3.1: The number and percentage of people belonging to a faith group in England and Wales

Faith group	Population count 2001	Percentage of total population, 2001	Population count, 2011	Percentage of total population, 2011	Population change, 2001–2011	Change in percentage of total population, 2001–2011
All people	52,041,912	100	56,075,912	100	+4,034,000	–
Christian	37,338,486	71.75	33,243,175	59.28	–4,095,311	–12.47
Buddhist	144,453	0.28	247,743	0.44	+103,290	+0.16
Hindu	552,418	1.06	816,633	1.46	+264,215	+0.40
Jewish	259,928	0.50	263,346	0.47	+3,418	–0.03
Muslim	1,546,625	2.97	2,706,066	4.83	+1,159,441	+1.86
Sikh	329,356	0.63	423,158	0.75	+93,802	+0.12
Other religions	150,721	0.29	240,530	0.43	+89,809	+0.14
No religion	7,709,267	14.81	14,097,229	25.14	+6,387,962	+10.33
Religion not stated	4,010,658	7.71	4,038,032	7.20	+27,374	–0.51

Source: 2001 and 2011 National Census of Population for England and Wales, Office for National Statistics.

and countering discrimination and disadvantage (Hussain 2008).

Understanding the Muslim profile

In 2001 and 2011 the National Census for Population collected data on religious minorities. The remainder of the chapter will provide an overview of what we now know about Muslims in Britain based on the availability of comprehensive statistics on faith groups.

The 2001 census found there to be just over 1.5 million Muslims in England and Wales. As demonstrated by Table 3.1, 77% of people in England and Wales reported belonging to a religion. The largest faith group was Christian, at 72% of the total population. This was followed by Muslims, who comprised just under 3% of the population, and Hindus (1%), with all other groups making up less than 1%. Those with no religion made up 15% of the population.

By 2011 the Muslim population increased to 2,706,066, forming 4.8% of the total population of England and Wales. There were increases for all the minority faith groups, not only Muslims; however, there were examples of how the British press inflated the impact of the increase through alarmist commentary. Yet as Hussain and Sherif (2014) explain, the increase was in keeping with expected population growth due to the young demographic profile of minority groups, and Muslims in particular.

The increase in the number of Muslims significantly influenced by their younger demographic profile compared with the national population as a whole: 33% of Muslims are aged 15 or under compared with 19% of the total population. This is a consequence of the age at which most people migrate from one country to another; as discussed above, the majority of Muslims who migrated to Britain entered the country as labourers – overwhelmingly they were young men, who later brought their wives and children to join them. Although the earliest migrants have now reached retirement age (4% of Muslims compared with 16% of the population as a whole), births among Muslims continue to outnumber deaths, and as a result the population has increased rather than declined (Simpson 2013).

Ethnicity and country of birth

Today almost 50% of British Muslims are born in the UK, as was the case in 2001. In terms of other regions of birth, 28.5% of British Muslims were born in South Asia, 6.5% in the Middle East, 6% in other European countries and 10% in Africa. The ethnic profile of British Muslims is therefore one of the most diverse in Europe. Table 3.2 shows both the proportion of each ethnic group who are Muslim, and the share of British Muslims who belong to the various ethnic categories. Of the total White British population only 0.17% are Muslims. However, approximately 2.9% of British Muslims are White British. The majority of British Arabs (77%), British Pakistanis (91.5%) and British Bangladeshis (90%) are Muslim. Pakistanis make up the largest share of British Muslims (38%), followed by Bangladeshis

Table 3.2: Muslims by ethnic group

	Percentage of ethnic group who are Muslim	Percentage of Muslims who belong to ethnic group
White British	0.17	2.86
White Irish	0.36	0.07
White Gypsy or Irish Traveller	0.66	0.01
Other White	5.27	4.84
Mixed/multiple ethnic group	8.38	3.79
Indian	13.95	7.29
Pakistani	91.46	38.01
Bangladeshi	89.99	14.87
Chinese	2.04	0.30
Other Asian	23.27	7.19
African	20.94	7.66
Caribbean	1.23	0.27
Other Black	20.49	2.12
Arab	77.27	6.59
Any other ethnic group	33.65	4.14

Source: 2011 National Census of Population for England and Wales, Office for National Statistics.

(15%), Africans (7.7%), Indians (7.3%), Other Asians (7%) and then Arabs (6%). The South Asian heritage groups therefore remain the most dominant in terms of regional origin, but their share in the whole Muslim population has declined since 2001, from 67.8% to 60.2%. The Arab category was added in 2011 and therefore comparisons between censuses for this group are not possible.

Geography

Muslim are one of the most diverse faith groups in the UK, reflecting the countries of origin and migration types described above. However, there are some key similarities which will be discussed. A common feature among Muslims is that they remain an overwhelmingly urban population (Mercia Group 2006). Table 3.3 shows the local authorities with the highest numbers and proportions of Muslims in England and Wales.

The areas listed in Table 3.3 have a long-established Muslim presence. However, Muslim communities can now be found across the entire country; and although in 2001 the Isle of Scilly was the only local authority to report no usual Muslim residents, in 2011 this was no longer the case.

Of all Muslims in England, 25% live in Inner London, and 22% in Outer London; 10% live in Greater Manchester, 15% in the West Midlands and 11% in West Yorkshire. The census data provides insight into the ethnic diversity of Muslims in such areas. For Muslims, London is the most ethnically diverse city. Bangladeshis are the largest group among Muslims in Inner London. Outer London, however, demonstrates proportionately more Pakistanis, who make up around a third of the Muslim population here, with only 8% of Muslims being Bangladeshi. The figures for White, Other White and Black African in Outer London remain similar to their respective figures for Inner London.

Nearly 60% of the Muslims in Greater Manchester are Pakistani. This is followed by 15% who are Bangladeshi. The third-largest Muslim ethnic group here is Indian, at 11%, and all other Muslim ethnic categories each make up 5% or less. There is a similar Muslim ethnic makeup in the West Midlands, where the majority of Muslims are Pakistani (nearly 70%), followed by Bangladeshis (14%). Comparatively, there is a much smaller Muslim Indian population in this area, at 5%, and all other ethnic categories each constitute 5% of Muslims or less for this region also.

Table 3.3: Local authorities in England and Wales with the highest number and proportion of Muslim residents

Local authority	Number of Muslims	Local authority	Muslims as a percentage of the population
Birmingham	234,411	Tower Hamlets	34.51
Bradford	129,041	Newham	31.97
Newham	98,456	Blackburn with Darwen	27.00
Tower Hamlets	87,696	Bradford	24.70
Manchester	79,496	Luton	24.60
Redbridge	64,999	Redbridge	23.30
Leicester	61,440	Slough	23.29
Kirklees	61,280	Waltham Forest	21.89
Brent	58,036	Birmingham	21.85
Waltham Forest	56,541	Brent	18.65
Ealing	53,198	Leicester	18.63
Enfield	52,141	Westminster	18.27
Luton	49,991	Oldham	17.73
Sheffield	42,801	Pendle	17.42
Leeds	40,772	Enfield	16.69
Westminster	40,073	Manchester	15.80
Oldham	39,879	Ealing	15.72
Blackburn with Darwen	39,817	Kirklees	14.51
Barnet	36,744	Haringey	14.17

Source: 2011 National Census of Population for England and Wales, Office for National Statistics.

Three-quarters of Muslims in West Yorkshire are Pakistani, compared with only 5% Bangladeshi and 10% Indian. Indian Muslims have high concentrations in Leicestershire and Lancashire. There were no counties in which Africans were reported to constitute the highest percentage among Muslims, but Merseyside came close. Here 17% of the Muslim community, the largest proportion, reported belonging to the White ethnic category, and 14% were Black African.

What the data shows most significantly is that apart from the counties with the largest percentages of Muslims (as detailed above), the ethnic makeup of Muslims in other areas is diverse and by no means evenly distributed.

Education and employment

Both censuses confirmed that Muslims demonstrate a more disadvantaged profile than other minority faith groups. This had been suspected among Muslim advocacy organizations and academics working on ethnic minorities, based on outcomes for Pakistanis and Bangladeshis. Some of the key areas in which this became apparent were education, employment and housing.

Hussain (2008) described how Muslims were more likely to leave school at the age of 16 with no qualifications compared with all other religious groups (see Table 3.4). For those aged 16–24, 22% of Muslims reported having no qualifications, compared with 16% nationally. Yet conversely, Muslims were found to be more likely to go on to further and higher education – 52% had done so, compared with 41% of the population as a whole.

However, between 2001 and 2011 the proportion of Muslims aged 16–24 without qualifications nearly halved to 11.5%, almost reaching the national figure of 11%.

Although the percentage of Muslims with degrees and higher degrees is greater than the national average, just over 15% compared with just under 14% respectively, concerns regarding the rate of social mobility in other areas, such as employment outcomes, have been highlighted by several studies, including a recent report by the Social Mobility Commission (2017).

A breakdown of figures on economic activity provides an indication of disparity between groups. Nationally, 58% of those aged 16 and over are employed compared with 46% of Muslims. Looking at the youngest age cohort, 16 to 24, only 29% of Muslims are in employment compared with nearly 51% of all people within the same age bracket. In part this can be accounted for by a higher proportion of Muslims in full-time education, but this does not explain the divergence in trends. Comparing figures for economic inactivity provides a clearer picture. For all people aged 16 and above 36% reported being economically inactive compared with 45% of Muslims. This figure is more stark for those aged 16 to 24: in this age group 36% of all males are economically inactive compared with 52% of Muslim males, and 39% of all females compared with 60% of Muslim females (see Table 3.5).

The relatively large number of Muslims in the Indian ethnic category has allowed comparison with the non-Muslim Indian population. A research study

Table 3.4: Qualification by religion

	No qualifications, 16–24 year olds	Level 4 and above, 16–24 year olds
All	10.53	13.61
Christian	10.23	12.50
Buddhist	6.27	22.53
Hindu	4.13	31.49
Jewish	10.19	19.83
Muslim	11.05	15.21
Sikh	5.78	22.05
Other religion	6.44	18.34
No religion	11.37	13.35
Not stated	10.39	14.69

Source: 2011 National Census of Population for England and Wales, Office for National Statistics.

Table 3.5: Economic activity

	All people 16 and over	Muslim 16 and over	All people 16– 24	Muslims 16–24	All males 16–24	All females 16–24	Muslim males 16–24	Muslim females 16–24
Economically active	63.34	55.20	62.68	44.17	64.22	61.11	47.84	40.12
In employment	58.64	45.90	50.74	28.76	50.48	51.01	30.73	26.58
Employee	47.39	32.84	35.83	17.72	36.27	35.38	18.09	17.31
Self- employed	8.89	9.44	2.39	1.50	3.48	1.28	2.16	0.76
Full-time students	2.37	3.63	12.52	9.54	10.74	14.35	10.48	8.51
Unemployed	4.70	9.30	11.94	15.41	13.74	10.10	17.11	13.54
Unemployed (excluding full-time students)	3.96	7.21	7.55	8.03	9.31	5.74	9.14	6.81
Full-time students	0.73	2.09	4.40	7.38	4.43	4.36	7.97	6.73
Economically inactive	36.66	44.80	37.32	55.83	35.78	38.89	52.16	59.88
Retired	21.35	5.80	0.05	0.05	0.04	0.05	0.03	0.06
Economically inactive: Student (including full-time students)	5.27	13.27	30.73	45.21	31.69	29.75	46.67	43.60
Looking after home or family	3.95	13.68	2.74	4.94	0.31	5.23	0.45	9.91
Long-term sick or disabled	3.92	5.15	1.14	0.89	1.26	1.03	0.93	0.85
Economically inactive Other	2.17	6.91	2.65	4.74	2.47	2.83	4.07	5.47

Source: 2011 National Census of Population for England and Wales, Office for National Statistics.

commissioned by the Department for Work and Pensions found that geographical areas with higher concentrations of Indian Muslims demonstrate lower economic activity compared with the Indian average. Despite consisting of only 13% of the British Indian population, Indian Muslims made up approximately 90% of Blackburn East and Batley, the two neighbourhoods which had the lowest economic activity rates in relation to the Indian average (Simpson et al. 2006). The study concludes that 'it is difficult to unravel consequences and causes here. Further research on cultural and religious aspects is also required, including on the ways in which workplaces take into account people's religious needs' (Simpson et al. 2006: 15).

Muslim women in all age brackets are less likely to be economically active not only than their male counterparts, but also than women from all other faith groups. When the figures are broken down by ethnicity, 37% of Pakistani, 37% of Bangladeshi and 35% of Arab women are economically active compared with 62% of Indian women and 57% of women nationally.

Studies have highlighted that Muslim women are more likely to report looking after the family and home, and the census figures, both in 2001 and 2011, confirm this. Even within the youngest cohort, Muslim females are twice as likely to remain at home to look after their families, with 10% of 16–24-year-olds reporting this to be the case, compared with 5% of all females in the same age range.

Exploring the type of employment classifications Muslims are concentrated in, compared with the population as a whole, also provides an insight into the social class structures for this faith group: 6% of Muslims, compared with 10% of the national population, are found in higher managerial occupations; 5% of Muslims, compared with 7% of all people, are in higher professional occupations; 2.5% of Muslims are long-term unemployed compared with 1.6% of all people; and 18% are full-time students compared with 8% of all people aged 16 and above.

Housing and health

In some respects the housing profile of Muslims is one of the key ways in which they differ by ethnicity. Of all households in England and Wales, 31% reported owning their homes outright, while 33.5% were homeowners with a mortgage. In comparison, just under 15% of Muslims own their homes outright, and 28% reported owning their homes with a

mortgage. When it comes to living in social rented housing, 11.5% of Muslims compared with 8% of all households reported this tenure type.

This appears to show that Muslims are less likely to own their homes compared with the population as a whole and more likely to live in social rented accommodation. However, this is not representative of all Muslims groups and although Pakistanis are still less likely to own their homes outright compared with the national figure, at 23%, they are more likely to own their homes with a mortgage, with 40.5% doing so. When combining the overall figures for ownership, Pakistanis are on par with the population as a whole. However, only 9% of Bangladeshis report outright ownership, and 34.5% do so with a mortgage or loan. Furthermore, Pakistanis are less likely to live in social housing (7%) than both the population as a whole (9%) and Bangladeshis (19%).

Despite the differences in tenure types, Muslims do demonstrate a higher propensity to live in the most deprived neighbourhoods, are most likely to live in overcrowded housing (42% compared with the 12% national average) and score highly on indicators used for measuring poverty, such as living in households without central heating. Hussain and Sherif (2014: 442) explain how 'higher rates of economic inactivity found amongst this faith category impact on family income and this, coupled with larger family sizes, means that [Muslims] are at a greater risk of poverty'. A recent Social Mobility Commission report (2017) described how almost half of Muslim households lived within the 10% most deprived locations in England, based on classifications used by the Index of Multiple Deprivation. Although all ethnic minority groups are more likely to live in deprived neighbourhoods, analysis by Heath and Li (2015) found that Muslims demonstrated the highest propensity to do so. The impact of poverty, disadvantage and higher levels of economic inactivity, together with growing evidence of anti-Muslim discrimination, have been explored by a number of studies since the initial statistics on Muslims were released more than 15 years ago.

Explaining the outcomes

More than two decades ago, Muslim advocacy organizations were calling for large-scale data on faith groups in order to provide hard facts on the disadvantage and discrimination faced by British Muslims. Yet despite the evidence provided by such data, Muslims remain as marginalized in Britain today. There are some obvious differences found among Muslims when looking at the data. A larger proportion

of this faith group are in full-time education compared with the national figure, yet a higher percentage of Muslims are unemployed. In addition, Muslims are more likely to be economically inactive, and of those who are in employment, lower percentages are found within the highest employment classes. A significantly higher proportion of Muslim women reported looking after the home compared with women of all other faith categories, and this is even the case among the youngest age group.

In the last 20 years, global events have mainstreamed the politicization of ordinary Muslims, as described by Meer and Modood (2009). This has led to a normalization of Islamophobic discourse and has cemented Muslims' position as the 'ultimate Other' (Archer 2001). When exploring data on attitudes, Storm et al. (2017) reported that Muslims are on the whole viewed with more hostility than all other groups, by all other groups.

This no doubt has serious implications for an entire generation of British Muslims, who despite higher rates of participation in post-16 education, continue to face multiple barriers to employment and social mobility. Such findings have led scholars to explore whether Muslims experience something known as a 'religious penalty' (Cheung 2013, Khattab and Modood 2015, Storm et al. 2017). Discussed in greater detail in Chapter 4, analysis tells us that regardless of qualifications, Muslims are still more likely to be unemployed than other minority groups, as is the case for those from Black African and Caribbean ethnic backgrounds. Analysis has also demonstrated that regardless of qualifications and language proficiency, Muslim women are more likely to face challenges in the labour market. Therefore, the most measurable disadvantage of all in terms of employment outcomes can be said to be faced by Muslim women and Muslims who are black.

We know that successful integration into the labour market is paramount for the social mobility of minority groups (Heath and Li 2015); the consequences of economic mobility for better housing and residing in more desirable neighbourhoods, as well as for more positive health outcomes, are well documented. The mounting research on the lack of social mobility of British Muslims, despite better educational outcomes, led the Social Mobility Commission to conclude that young Muslims are being 'hampered by discrimination'. The lead researcher for the study stated that, 'Muslims are excluded, discriminated against, or failed at all stages of their transition from education to employment. Taken together, these contributing factors have profound implications'

(Social Mobility Commission 2017). The remainder of this report unpicks some of the challenges facing Muslims that have been highlighted here using comprehensive data on faith groups.

4 Poverty and the labour market

Anthony Heath and Asma Mustafa

Introduction

Economic integration is vital in reducing barriers to employment, poverty levels and inequality in the labour market. Equality of opportunity, employability, unemployment rates, earnings levels and occupational positions are all highly relevant to and impact on household poverty levels, social mobility and occupational under-representation (Reynolds and Birdwell 2015).

British Muslims suffer from some of the lowest employment rates and earnings of any group in Britain. The Office for National Statistics (ONS) highlights a clear occupational disparity between British Muslims and the national average. Take for example the finding that 10% of the British population are in 'higher managerial, administrative and professional' occupations yet only 6% of British Muslims fall into this category. Over 50% of British Muslims experience household poverty, compared with the national average of 18% (Heath and Li 2015). This is after adjusting for factors such as age,

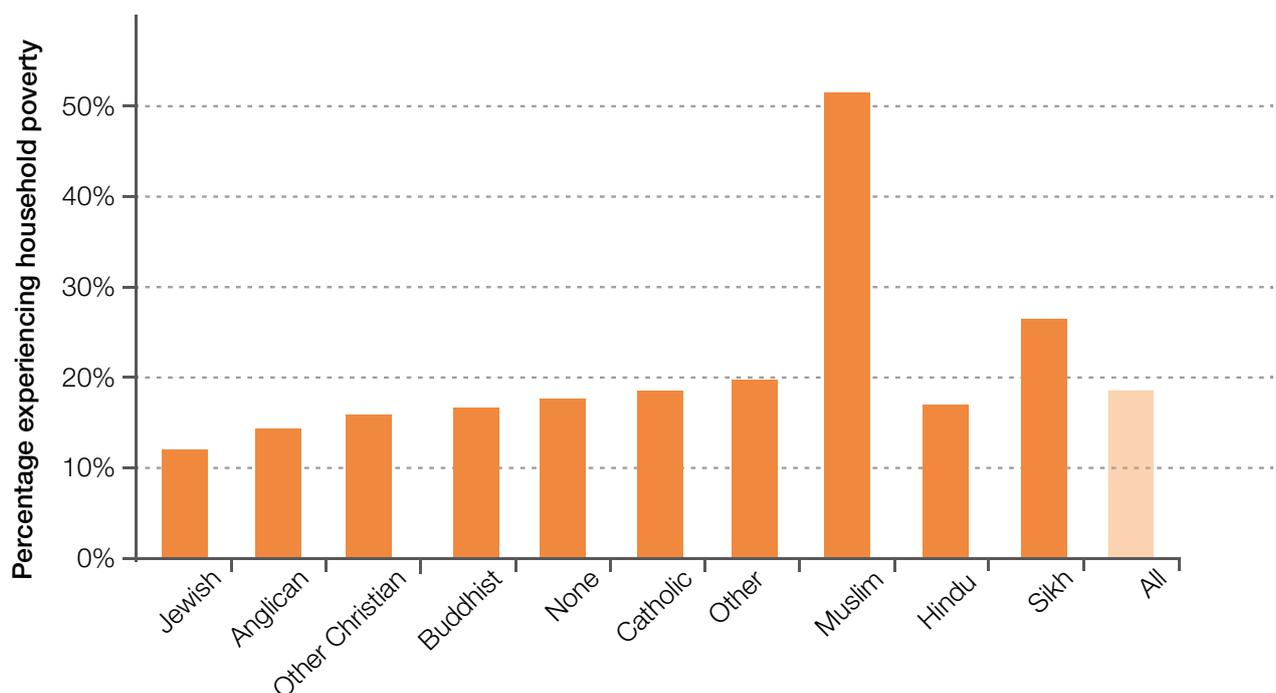
generation since migration, marital status, region of residence and educational level (see Figure 4.1).

Our key question, then, is whether Islamophobia can in whole or part explain these Muslim disadvantages.

Religious penalties

Scholars interested in explaining the disadvantages experienced by Muslim groups in Britain such as those of Pakistani or Bangladeshi background initially focused on 'ethnic penalties' in order to explain these disparities between ethnic groups (Heath and McMahon 1997, Cheung and Heath 2007).¹ The remaining gaps between the minority group and a majority, after adjusting for age and educational qualifications, are termed ethnic penalties. However, at the turn of the millennium academics realized that ethnic group status was not sufficiently explaining the gaps, because empirically they were not separating between religion and ethnicity, which are highly correlated. They then turned their attention to disentangling religious from ethnic penalties

Figure 4.1: Overall poverty rate by religious affiliation in the UK



¹ 'Ethnic penalty' measures the difference between ethnic minority group (e.g. Pakistani) and majority group (e.g. white) on a given topic (such as unemployment or employment rates) after taking account of a range of variables such as gender, age, generation, education and so on.

(Lindley 2002, Simpson et al. 2006, Berthoud and Blekesaune 2007).

Analyses of various data sources since then have proceeded to highlight the relevance of religious penalties in the labour market (Heath and Martin 2012, Cheung 2013, Khattab and Johnston 2013). Khattab and Modood (2015) analysed unemployment data from 2002 to 2013, split into 14 different ethno-religious groups. They highlight that the six groups with the highest rates of unemployment among both men and women are Muslims and black people, with black Muslims experiencing the highest rate of unemployment (for both men and women) (see Figure 4.2).

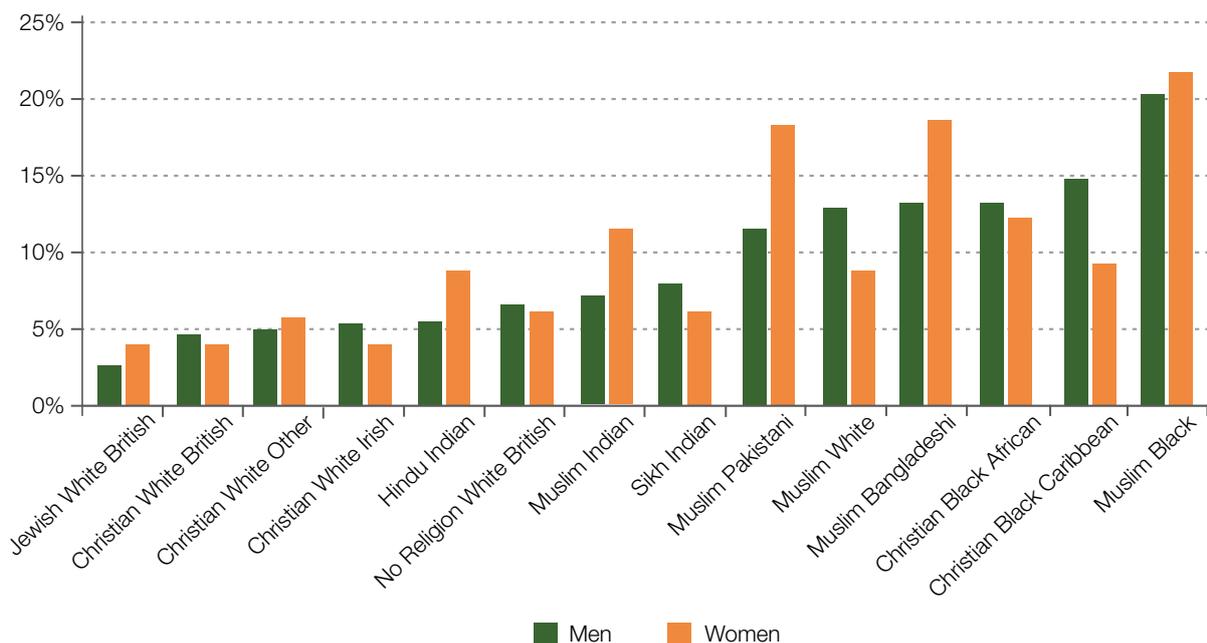
Though survey data is useful in emphasizing the disparity between groups, it does not usually explain where this disparity is rooted. A number of possible explanations have been suggested for the clear employment gap between Muslims and other groups. We will briefly touch upon other partial explanations before focusing on Islamophobia and discrimination in the labour market as the crux of this chapter. One explanation is that of human capital: given that most first-generation British Muslims arrived as migrants with lower socioeconomic class background compared with the wider population, the difference in education and human capital could account for differences in labour market outcomes (Connor and Koenig 2015). A second partial explanation is the role of social networks: if certain groups of people

have weaker 'bridging' social capital in the form of links and connections with economically advantaged sections of society, this can negatively affect levels of knowledge about employment opportunities and where to search for jobs, support to obtain certain employability skills, and mentoring opportunities to enter higher-status jobs (Granovetter 1973, Cheung 2013, Damstra and Tillie 2016).

Discrimination

Using European Social Survey data, Connor and Koenig (2015) underline that human capital and migration play a partial role in explaining labour market disadvantages, but that Muslims may also be suffering from potential discrimination given the fact that disadvantage extends to the second (non-migrant) generation and not just to the first (migrant) generation. Discrimination could play a part at the point of recruitment through the deselection of candidates with 'foreign-sounding' names or whose residential address is in an area with a high level of minority ethnic and religious concentration. At interview stage, candidates could be rejected because they are visibly Muslim because of religious attire or grooming, for example. Yet these early stages of discrimination do not account for all labour market discrimination: we must also consider employees who are refused promotion within organizations due to their ethnic and religious identity, and employees who are actively marginalized in the workplace due to such discrimination.

Figure 4.2: Unemployment rate by ethno-religious background and gender of the economically active (economically inactive people excluded)



Qualitative research exploring discrimination in the labour market has found that discrimination in the workplace means educated Muslim women in particular are not able to achieve what they should in the labour market. Researchers argue that British Muslim women are not achieving the 'return on education' that they anticipate (Social Mobility Commission 2016). Another study by the Social Mobility Commission (2017) focused specifically on social mobility for young Muslims. The researchers conducted in-depth focus groups and interviews exploring young Muslims' perceptions and experiences of education and searching for jobs. The analysis of data underlined the experience of discrimination in the job application process, especially when applicants had names that identified them as members of an ethnic or religious minority, or wore a headscarf. The interviews also highlighted that in-work cultural insensitivity, stereotyping and indirect racism were common.

Chapter five of the House of Commons Women and Equalities Committee report *Employment Opportunities for Muslims in the UK* (2016) discussed tackling workplace discrimination. It explores community evidence for the existence of anti-Muslim discrimination in the labour market, weighing most heavily on Muslim women. The experiences documented from witnesses in that report are also similar to witness testimonials found five years previously in the report by the All Party Parliamentary Group (APPG) on Race and Community (2012). The latter report focused specifically on Pakistani, Bangladeshi and black women, yet the analysis underlined the discrimination experienced by ethnic and religious minority women at every stage of recruitment procedures.

The most rigorous way in which to establish the occurrence of discrimination is to conduct a field experiment. In field experiments on discrimination, what the investigators do is to send matched applications from fictitious applicants for actual, real-life job vacancies. The CVs of the two fictitious applications indicate that the applicants have identical work-relevant skills and experience. A large number of these paired applications are sent out to a selection of randomly chosen vacancies and the researchers then compare the respective positive callback rates (for example, invitations to an interview) for applicants with 'British names' and those with 'minority names'. A higher callback rate for fictitious applicants with 'British names' than for matched applicants with 'minority names' is pretty conclusive evidence of discrimination in recruitment. This is by far the best evidence available

for discrimination on grounds of ethnic origins or faith, although it covers only the very first stage of the application process.

We do have quite a good series of field experiments testing for racial discrimination in Britain, going back to 1969. However, these were all based on ethnic background, rather than on religious affiliation. The research demonstrates that both black and Asian minorities experience quite substantial discrimination, whereas white minorities experience very little. Moreover, the level of discrimination has barely changed over time, despite legislation such as the 1976 Race Relations Act and the activities of the Equalities and Human Rights Commission. Unfortunately none of these studies has explicitly compared Muslims with members of other faiths or those with no faith. To be sure, in some cases the studies have distinguished predominantly Muslim origins such as Pakistani or Bangladeshi. However, it is not clear that British employers can readily distinguish South Asian Muslim names from those of other South Asian faiths, or Pakistani/Bangladeshi names from those indicating other South Asian ethnic origins.

More extensive research has been done in France and Germany. A study conducted in France (Laitin et al. 2010) which submitted matching CVs in the name of a French Muslim Senegalese and a French Christian Senegalese found anti-Muslim discrimination in the French labour market. Another study conducted in Germany also showed much greater discrimination against applicants wearing a headscarf (Weichselbaumer 2016). In Germany it is normal for job applications to include a photograph. This means that, rather relying on differences in the names of the fictitious applicants, one can check whether the well-known Muslim symbol of a headscarf is associated with a greater risk of discrimination. The correspondence test investigated discrimination against Turkish women in Germany, especially against those who are visibly Muslim due to the wearing of a headscarf. The researchers selected two names and created three identities using the same woman, a model who was able to pose as either German or Turkish in the photographs. They designed an identity for Sandra Bauer (German, no headscarf), Meryem Ozturk (Turkish, no headscarf) and Meryem Ozturk (Turkish, with modern-style headscarf). The applications and documentation for all three identities were alike. One job application from one of the three identities was submitted to each of 1,474 accountancy or secretarial positions over a year. The results showed that the applicant with the German name Sandra

Bauer was called back at a rate of 18.8%, while Meryem Ozturk without the headscarf was called back after 13.5% of applications. The Meryem Ozturk who wore the headscarf was only called back for 4.2% of the positions applied for. The study showed that discrimination against an applicant with a Turkish name wearing a headscarf was roughly three times as great as that against a Turkish woman who was bare-headed. Since other research suggests that anti-Muslim sentiment in Germany is not all that different from anti-Muslim sentiment in Britain, one should assume that results in Britain might be quite similar.

One recent field experiment in Britain was designed specifically to test for discrimination against Muslims. In a test designed for the BBC in 2017, two near-identical 'fake' candidate CVs were created in the names of Mohamed Allam and Adam Henton. These CVs were submitted to 100 business manager job advertisements in the field of advertising sales in London. In just under three months, Adam Henton was offered 12 interviews, while Mohamed was invited to just four. It is striking that this is a higher rate of discrimination than that found in the great majority of the field experiments on ethnic and racial background. While this is far from definitive, it raises the possibility that there is an additional Muslim penalty.

Another recent and much larger study in Manchester, conducted by Mahmoud Abubaker and Christopher Bagley (2017), found similar results. However, rather than using fictitious CVs, they used a real CV, sending it under different names to different (but statistically matched) employers. They found that 'Aminah', a woman in her 20s, qualified at an intermediate level of accountancy, received a positive response to the online submission of her real CV in 151 of her 516 submissions (that is, a positive callback rate of 29%). In contrast, the English 'Emily' (whose CV was similar to Aminah's in every respect, except her name) was successful in 306 of her 527 applications (a positive callback rate of 58%), for job descriptions and company characteristics which were, overall, similar for both applicants. These results in effect mean that Aminah would need to make twice as many applications as Emily in order to have the same likelihood of receiving a positive callback.

These two British studies do not provide quite such compelling evidence of an additional Muslim penalty as do the French and German studies. We are still awaiting results from a new study which further tests these distinctions. Nevertheless, coupled with the

qualitative evidence gathered by the Social Mobility Commission, one needs to take very seriously the possibility that Muslims in Britain face particular barriers in gaining employment.

The chill factor

Perceptions of discrimination could also impact on potential applicants applying within certain industries. Inequality in the labour market, perception of anti-Muslim attitudes and wider vocal bigotry have a very detrimental impact within certain job sectors. Muslims may actively avoid such job sectors, which they consider 'hostile' to Muslims or whose culture is perceived as 'antagonistic'. In the academic literature this has been termed the 'chill factor' (Li and O'Leary 2007: 557, McCrudden et al. 2004: 390):

the 'chill factor' – the various social and psychological factors that may discourage individuals from an under-represented group from applying to a firm – such as historical associations with a different group, real or expected discrimination from workmates in the opposite community, or disapproval from friends and family. (McCrudden et al. 2004: 398)

Muslims may unconsciously avoid applying for or aspiring to join certain employment sectors that they feel would provide an alienating work environment or where they would expect to be 'pigeonholed' into stereotypical work. This could include sectors such as the police force, the construction industry, acting, the armed forces and the media.

Increasing securitization has caused a growing rift between Muslims and the security services. Police officers are often viewed sceptically within Muslim communities, with Islamophobic attitudes replacing institutional racism as a reason to avoid the police service as a career (Awan et al. 2013). Perceptions that police see Muslims as a 'suspect' community have had a detrimental impact on policing as a career choice (Kundnani 2009).

The perception of institutional racism is one of the biggest hurdles for service career recruitment. If job sectors are exposed as having condoned discrimination for many years, it can take a generation of reform to recognize whether institutions have indeed improved. The Ministry of Defence, for example, has made concerted efforts to increase diversity in the armed forces. According to biannual diversity statistics in 2017, Muslims only make up 0.4% of the UK regular forces, compared with just under 5% of wider British society. Research on perceptions of the armed forces as a prospective

career option among British Pakistanis in the Midlands (Ishaq and Hussain 2002) revealed that 32% of respondents avoided applying to the armed forces due to perceived racism. The same research also surveyed Scottish Pakistanis in Glasgow, asking why they thought ethnic minorities were not applying to join the armed forces, and 22% said the main reason was fear of experiencing racism. There was a similar trend among participants in more recent research on Muslims and the armed forces (Mustafa 2017). The report highlights that young Muslims perceive the armed forces as a sector that may not be welcoming to minorities and where they expect to experience marginalization due to their ethnicity or faith.

Conclusions

In 2015, the British government, along with a number of large corporations (HSBC, Deloitte, the BBC and the NHS, among others), pledged to operate a 'name-blind' recruitment strategy in the hope of reducing discrimination. However, while this initiative is to be applauded, this is a very limited pool of employers and we would like to see it rolled out further. Moreover, it covers only the very first stage of the application process. Weichselbaumer's important research in Germany raises the possibility that if a Muslim woman were to arrive at interview wearing a headscarf, she might be subject to additional discrimination. The way forward, therefore, must be for firms to monitor the results of application processes in order to determine whether there is a level playing field for applicants from different faiths.

The results of statistical analyses strongly suggest that Muslims experience an additional religious penalty over and above any ethnic penalty which they experience. Field experiments have not yet been published in Britain which can unequivocally demonstrate that these religious penalties are due to discrimination against Muslims, but the possibility needs to be taken very seriously. Moreover, if organizations were able to show that Muslims have the same chances of gaining entry and promotion as do members of other faiths, this might go a long way to countering the chill factor too. Organizations need to be proactive in demonstrating that they offer a level playing field. As Prime Minister Theresa May said when introducing the Race Disparity Audit (Cabinet Office 2017), 'if the disparities can't be explained, they must be changed'.

Khadija's story

Writer, British Black African, female

'No-one is asking for favouritism, just that we're given equal opportunity in the job market.'

As a black British Muslim woman, I face multiple challenges when it comes to my career opportunities and progression. I graduated with a 2:1 in my field and was writing during my time at university to build a portfolio and enhance my employability with different media outlets. I also volunteered regularly and worked as an editor for a publishing company on low pay. However, when I left university I was unable to even get an internship, let alone obtain an entry-level position in my field.

When I compare myself to white friends and colleagues I notice that I need to work twice as hard for what I want to accomplish. Maybe it's my non-English name which means my CV gets overlooked. When I do manage to get through to interviews, the fact that I am an ethnic minority who also wears the hijab makes them less likely to offer me a job.

My family told me that wearing my hijab was holding me back in the job market and that if I wore it differently it would increase my prospects. But this is who I am and in 2017 why should I have to change myself into something that I don't recognise?

There are so many institutional barriers that mean people like me are not given jobs based on our merits and skills. This makes me disillusioned with all of the promises made to me during university and leading up to graduation about what to expect in the world of work. Institutional, systematic racism and Islamophobia are prevalent but I refuse to give up. I continue trying my best to break the barriers that I face and find innovative ways of working in my field to make me stand out.

No-one is asking for favouritism, just that we're given equal opportunity in the job market.

* Khadija's name has been changed to protect her identity

5 Islamophobia, racism and health

James Nazroo and Laia Bécaries

Introduction

Racism has been argued to be a focal element of ethnic inequalities in health (Williams 1999, Krieger 2003, Nazroo 2003, Paradies et al. 2015), impacting on the health of ethnic minority people through differential exposure to socioeconomic, environmental, psychosocial and healthcare-related pathways. In this chapter we explore the implications of this for the health of Muslim people in the UK, with the intention of illustrating how Islamophobia, racism targeted towards Islam or Muslims, harms the health of Muslim people. The evidence we draw on is mainly from studies of racism and health, so the primary focus is on ethnic minority people in general, with discussion of a range of health outcomes. Nevertheless, the conclusions from this evidence are clear on the harm of Islamophobia to health.

Ethnic inequalities in health: disadvantages experienced by Muslim people in the UK

The existence of inequalities in the health status of different ethnic groups in the UK has been well established (Nazroo 2001, Erens et al. 2001, Sproston and Mindell 2006). For example, Black Caribbean, Pakistani and Bangladeshi people have between six and nine fewer years of disability-free life expectancy at birth than do White British people (Wohland et al. 2015) and are up to twice as likely as White British people to report poor self-rated health and to have a limiting longstanding illness (Bécaries 2015). In addition, the limited evidence we have on variations in ethnic inequalities in health across religious groups suggests that Muslim people are at particular risk of poorer health (Nazroo 2001, Karlsen and Nazroo 2010). For example, alongside the higher risk for Pakistani and Bangladeshi people of a range of adverse health outcomes compared with other ethnic groups, Muslim Indian people have a higher risk of poor self-assessed health, limiting longstanding illness and diabetes than their Hindu and Christian (though not to the same extent Sikh) counterparts (Karlsen and Nazroo 2010).

These differences in health occur when the social determinants of health (factors such as education, social position, income and the local environment) are unequally distributed across ethnic groups, leading to unjust and preventable inequalities

in health. One fundamental cause of health inequalities among ethnic minority groups is racism and racial discrimination.

The impact on health of experiencing racism

Racism is a persistent feature of life in developed countries, including the UK, even though the form and expression of underlying prejudice shifts over time (Karlsen and Nazroo 2014, Storm et al. 2017). One of the important shifts in the expression of racism over recent decades has been the rise of Islamophobia. Poynting and Mason (2007), among others, describe how Muslim people have become the primary focus for distrust and victimization in the UK and elsewhere, and studies show parallel increases in experiences of and fear of racism among Muslim people over the first decade of the 21st century (Karlsen and Nazroo 2014). Muslim people are repeatedly described as the social group most frequently discriminated against (Kitchen et al. 2005), and there is evidence that prejudice against Muslim people (as well as gay and lesbian people) is considered more socially acceptable than that against any other group (Abrams and Houston 2006).

Anti-Muslim prejudice, racism and discrimination affect the full range of social and economic outcomes experienced by Muslim people. In addition, there is now convincing evidence that experiences of racism and discrimination directly harm both mental and physical health (Paradies 2006, Paradies et al. 2015). This occurs via several mechanisms: first, racism increases exposure to the internalization of negative messages that may lead to decreased self-esteem and poorer mental health (Jones 2000); second, exposure to racial stressors, such as interpersonal discriminatory treatment, may result in physiological changes and to the subsequent onset and worsening of disease (Clark et al. 1999); and last, racially motivated violence directly affects mental and physical health. Studies of racism and health found that those reporting to have experienced some form of physical racial attack had a prevalence of depression almost three times higher, and a prevalence of psychosis almost five times higher, than that of ethnic minority people reporting no harassment (Karlsen and Nazroo 2002). In the same study, the prevalence of psychosis was 57% higher among ethnic minority people who

believed that the majority of British employers would discriminate against someone on the grounds of race, religion, culture or ethnicity than among those who did not (Karlsen and Nazroo 2002). Similarly a more recent investigation showed that experiences of interpersonal racism (specifically, verbal abuse, physical assault and discrimination in access to or within the workplace) and perceiving racism in wider British society (believing that British employers discriminate on the basis of ethnicity, race or religion) had independent effects on the likelihood of having both a common mental disorder (such as anxiety or depression) and a psychosis-related disorder (Karlsen et al. 2005). Specifically, in multivariate models (which included measures of exposure to three dimensions of racism and adjusted for age, household occupational class and current employment status, and gender), experience of racially motivated verbal abuse or physical assault was associated with between a two- and a threefold increase in the risk of common mental disorder and psychosis; reporting experience of employment-related discrimination was associated with an almost 50% additional increased risk; while believing the majority of British employers to be discriminatory was associated with around a twofold increase in risk.

Is the relationship between racism and health causal, or just a statistical association?

The majority of the literature examining the relationship between experiences of racism and health uses cross-sectional data, leading to concerns that the relationship might not be causal. It is possible that a third factor leads to an increased risk both of racism and of poor mental health – such as living in an ethnically isolated environment – or that the experience of poor mental health may lead to a greater perception of hostility and a consequent greater likelihood to report experiences of racism and discrimination. However, there is an increasing quantity of evidence from longitudinal studies and this uniformly indicates that experiences of racial discrimination predate poor health (Barnes et al. 2008, Gee and Walsemann 2009, Kwate and Goodman 2015, Wallace et al. 2016) and that changes in experience of racial discrimination are associated with changes in mental health (Rosenthal et al. 2015), suggesting the relationship is indeed causal. Equally important is that a causal relationship makes theoretical sense – there is an extensive literature demonstrating the causal relationship between stressful events and the onset of both mental and physical health problems, and on the biological impacts of social and economic stress that

leads to poor health. Indeed, there is evidence that chronic exposure to everyday racial discrimination is associated with poor sleep (Lewis et al. 2013), coronary artery calcification (Lewis et al. 2006) and hormonal stress responses such as altered diurnal cortisol patterns and a higher cortisol awakening response (Adam et al. 2015).

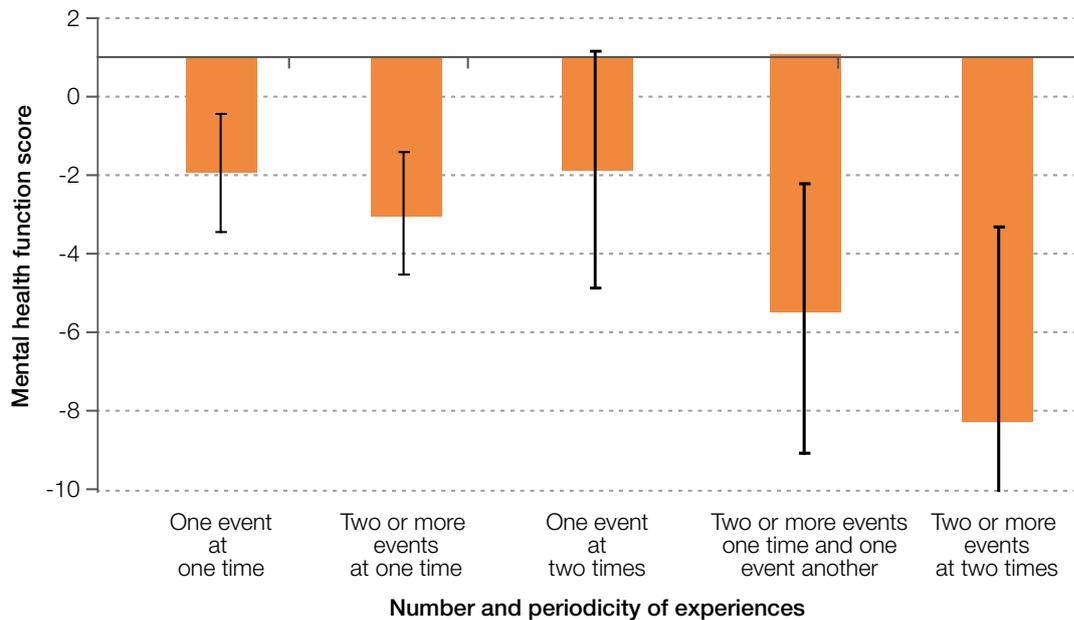
The cumulative impact of racism on health

Another, perhaps more important, limitation of the use of cross-sectional data is that it treats incidents of racism as discrete events, without considering how they shape people's experiences across a life course. This points to the need to improve our understanding of how the accumulation of exposure to racial discrimination over time is associated with increased risk of poor health. Some cross-sectional studies have shown that the accumulation of exposure to racial discrimination across different life domains (such as at work, in educational settings and while seeking healthcare) leads to a dose-response association between racial discrimination and poor health (Harris et al. 2012, Harris et al. 2013). In addition, one longitudinal study has shown a dose-response relation between experiences of racial discrimination across domains and over time and risk of mental illness – the greater the number of domains within which racism was experienced and the greater the number of experiences of racism over time, the greater the impact on mental health (see Figure 5.1).

Indeed, the experience of racial discrimination should be conceptualized as a dynamic process that operates across time, across domains and even across generations (Bécares et al. 2015), and consequently as having cumulative effects on health. Studies that do not take this into account are likely to underestimate the overall impact of racial discrimination on the health of individuals.

The broader reach of racism

Having summarized evidence on the direct harm that racism and discrimination do to ethnic minority people's health, we now consider how racism has an impact beyond that of the actual experience. One possibility is that living with a fear of experiencing racism, something that survey evidence shows is much more common than directly experiencing racism (Virdee 1997, Bécares et al. 2009), may have an impact on health. This may occur as a result of the anticipatory stress of a possible future racist encounter and consequent enhanced vigilance.

Figure 5.1: Changes in mental health functioning relative to those with no experience of racism

Note: a higher score represents a better mental health functioning. Source: Wallace et al. (2016).

For example, one study found that those people who reported being worried about being harassed were almost two-thirds more likely to report poor health than those who did not (Karlsen and Nazroo 2004). And another study showed that fear of racial discrimination, expressed through reporting feeling unsafe or avoiding spaces or places, had a larger cumulative effect on the mental health of ethnic minority people than direct experiences of racism (Wallace et al. 2016). Other UK-based studies have also reported the increased harm of fear of experiencing racial discrimination on health (Bécares et al. 2009a). These findings suggest that awareness of racial discrimination experienced by others, or previous exposure to racial discrimination over the life course, can have an impact on the mental health of ethnic minority people as a result of the vigilance and fear that they generate.

In addition to the importance of the anticipatory stress that fear of racism produces, studies have shown that vicarious exposure to racism is also harmful to health. Studies focusing on children show that ethnic minority children growing up in an environment where experiences of racial discrimination are common – that is, where their mothers, other family members or other people in the neighbourhood are racially insulted and treated disrespectfully and unfairly because of their ethnicity – are more likely to suffer from socio-emotional problems as they grow up than their peers from ethnic minority backgrounds whose families do not report experiences of racial discrimination (Bécares

et al. 2015). The impact on children of vicarious exposure to racial discrimination has also been shown with other health outcomes such as obesity (Kelly et al. 2013), childhood illnesses (Priest et al. 2012) and adolescent mental health outcomes (Benner and Wang 2017). These findings show that racial discrimination that adults experience harms not only their health, but that of others close to them, including their children.

Racism, social and economic inequality, and ethnic inequalities in health

If we consider racism to be a system of structuring opportunity and assigning values to people and groups, based on phenotypic characteristics, that results in unfairly disadvantaging some individuals and communities, while unfairly advantaging others (Jones 2000), then it is also important to consider how these broader disadvantages impact on the health of ethnic minority people and shape the ethnic inequalities in health briefly outlined earlier.

Evidence has repeatedly shown that on average people from ethnic minority groups have lower incomes and are concentrated in environmentally and economically poorer geographic areas, live in poorer quality and more overcrowded accommodation, occupy less desirable occupations, and have a higher risk of unemployment and of longer periods of unemployment, than their ethnic majority counterparts. Elsewhere in this report the range

of social and economic disadvantages faced by Muslim people in the UK, and how these relate to Islamophobia, has been outlined. The impact of these social and economic disadvantages on the health of Muslim people is profound. The relation between social position and health is widely documented (The Marmot Review 2010) and socioeconomic disadvantage has been shown to make a major contribution to ethnic inequalities in health (Nazroo 2001, 2003).

However, although the direct impact of racism on health and of socioeconomic inequalities on ethnic inequalities in health have been well documented, and even studied together (Karlsen and Nazroo 2002, Nazroo 2003), their joint effects within a broader conceptualization of racism have been rarely assessed. One exception is Wallace et al. (2016), a study that set out to assess the broad contribution of racial discrimination to ethnic inequalities in mental health. It did this by simultaneously modelling two dimensions of racial disadvantage that lead to poor health: the effect of direct experiences of racism on physiological changes (Clark et al. 1999) and the social and economic consequences of living in a racialized society (Nazroo 2003). The study found that adjusting for socioeconomic disadvantage and experiences of racial discrimination eliminated ethnic inequalities in mental health for Pakistani and Bangladeshi people and reduced inequalities for Black Caribbean people. The implication is that the ethnic inequalities in health that we observe can be attributed to processes of racism leading to social and economic inequality and personally targeted threat.

Causal pathways and opportunities to address ethnic inequalities in health

As summarized above, the stress associated with having a negatively racialized identity is, not surprisingly, associated with an increased risk of experiencing mental illness. This is in part a consequence of the social and economic inequalities associated with racialized identities as a consequence of structural and institutional racism, and in part a consequence of the direct impact on health of experiences of racism and discrimination. In the case of direct experiences of racism, the course of the pathway between socially inflicted trauma and health, beyond any immediate physical injury, is little understood. In general, it has been suggested that long-term exposure to inferior treatment and a devalued status is damaging to self-esteem, invalidates self-worth and may block

aspirations. Such exposure may shape the content and frequency of stressful life events and may limit the range of feasible responses to them, as well as the social support available. All of these will have severe consequences for health. More specifically, the discriminatory act may produce a sense of threat within the victim that may cause various reactions, including fear, distress, anger, humiliation and denial. These reactions could produce a physiological response (be it cardiovascular, endocrine, neurological, immunological) that subsequently affects health.

It is also important to acknowledge here that racism, unlike other criminal acts, need not be personal to produce a threat, because it is targeted at phenotypic and cultural characteristics that are shared across individuals, communities and groups, rather than solely at an individual (Virdee 1997). Such attacks thus might impact more broadly on people's identities, fear, humiliation, etc. In addition, people living in a climate of fear and insecurity may adapt by constraining their lives to avoid vulnerable situations, a response that may also lead to stress (Virdee 1997).

One response to such psychological vulnerability would be to argue that we should find ways of enhancing individuals' resilience in the light of such negative events and circumstances. However, this response is based on a narrow perspective on resilience that sees it predominantly in terms of psychological resources. This type of response would shift the problem away from the racialized nature of society that directly or indirectly supports racism and discrimination, and away from community action, towards the individual at risk of experiencing racism, placing ever greater burdens on members of marginalized and racialized communities while leaving unchanged, and unchallenged, the underlying causes of racism and health inequalities. Instead, we should focus on community, societal and political responses. There are some clues in the literature as to the value of this.

One comes from the literature that suggests that ethnic minority people living together is protective for their health, a so-called ethnic density effect. So, after taking account of the concentration of poverty and deprivation in a neighbourhood, studies have found ethnic minority people who live in ethnically dense areas to have better mental health (Shaw et al. 2012) and, for some outcomes, better physical health (Bécares et al. 2012) compared with those who live in areas with lower ethnic density. A handful of studies have explored what might be driving this

ethnic density effect and these have shown that the main pathway is through a decrease in experiences of interpersonal racism and discrimination (Bécares et al. 2009b, Das-Munshi et al. 2010). Also, related to this, some research has shown that not only is the frequency of experiences of racism lower in places of higher ethnic density, there is also a tendency towards a weaker association between racism and health as ethnic density increases (Bécares et al. 2009b). Ethnically dense areas also have the potential to provide increased opportunities for social support, civic engagement and social cohesion, which is also protective of health (Stafford et al. 2009). So, ethnic density, which is generally thought of in terms of the negative impacts of residential concentration, is perhaps better considered in terms of social networks and supportive communities, providing health-protective and health-promoting effects for ethnic minority people (Halpern and Nazroo 2000, Bécares et al. 2009b, Pickett and Wilkinson 2008).

Another clue comes from the evidence suggesting that ethnic minority people who explicitly recognize the racist nature of their experiences retain higher levels of self-esteem and self-efficacy, compared with those who internalize or deny their experiences (Krieger and Sidney 1996). The implication is that the public recognition of such events as racist, as the product of social factors unconnected to the targets of the action, is protective. Overall then, it seems that a public recognition of racism and the ways in which it operates in our society, together with a lack of tolerance for the expression of prejudicial, racist and discriminatory attitudes, is crucial to reducing exposure to and the impact of racism. Here grassroots political action, and central political leadership, may well be crucial.

Concluding comments

Here we have summarized the evidence showing the harm that racism does to ethnic minority people's health, either directly or through consequent social and economic disadvantage; the pathways through which these effects operate; how racism is the fundamental driver of ethnic inequalities in health; and the need to respond to this. Although only a minority of racist incidents do physical harm, it is clear that living in a society where their identities are racialized does harm to the health of ethnic minority people – their life expectancy and their healthy life expectancy are shortened. Insofar as the racism experienced by Muslim people is shaped by Islamophobia, as argued elsewhere in this report, it is clear

that Islamophobia harms health, a claim that is supported by the evidence that the impact of racism on health does not vary across ethnic minority groups (Bécares et al. 2009a).

The broad policy implication of this is clear: to protect the health of ethnic minority people we need to understand the nature of and address racism in our society.

Layla's story

Nurse, 23, London, British Arab, female

'I work in healthcare because I want to help people and make them better but in my job I regularly face Islamophobia and racism'

I'm a born and bred East Londoner and despite London's multiculturalism, the amount of Islamophobia I experience is astonishing. I work in healthcare because I want to help people and make them better but in my job I regularly face Islamophobia and racism, particularly after the terrorist attacks across Europe in 2016 and 2017.

For example, I had a middle-aged man who had various medical issues and he refused to acknowledge me as his nurse from his first night. When I asked why he told me to 'fuck off back to your Paki country'. When I explained I'm not Asian and I'm only here to help him he got increasingly abusive, calling me a 'Terrorist bitch', 'Terrorist cunt', asking me whether I was having intercourse with Osama Bin Laden and taunting me throughout the night about me wearing the hijab. He refused to take any of the medication I had given him and said that he would 'rather die than be nursed by a terrorist'.

When I asked to be allocated a different patient my manager told me that it was unprofessional of me to make such a request. This should have made me upset but sadly it didn't because I've also experienced Islamophobia and racism from a young age which has made it a normality within my everyday life. My classmates in secondary school mocked the hijab, the Qur'an and the Prophet Muhammad, peace be upon him. After the 2017 terrorist attacks in London, I've seen more and more of my own friends from university, colleagues that I work with and train with, express their contempt for Muslims on various social media.

Many Muslims will tell you that they don't pay much attention to the Islamophobic comments from strangers because of their ignorance, but you can't play down comments from your own colleagues and friends who've know you for years. My family and some of my friends give me a lot of support but even though they're no strangers to racism they can't understand what I am going through. Offloading to them is not enough. Healthcare professional are bound by law to treat people in a non-judgmental manner even if patients are being abusive. But what about us?

* Layla's name has been changed to protect her identity

6 Impacts of anti-Muslim hate crime

Imran Awan and Irene Zempi

Introduction

Hate crime has consistently been an issue for policymakers, academics and public and private sector stakeholders. Following the Brexit vote and terrorist attacks in Manchester and London in 2017, we have now seen a sharp rise in hate crimes and anti-Muslim attacks in Britain (Sharman and Jones 2017, Littler and Feldman 2015). These incidents include mosques being targeted, Muslim women who have had their hijab (headscarf) or niqab (face veil) pulled off, and two Muslims in London who were the subject of a horrific acid attack (Hooper 2017). A 2017 analysis of Tell MAMA's (Measuring Anti-Muslim Attacks) data found that it recorded 141 hate crime incidents after the Manchester attack, and after the London Bridge attack they rose sharply again (Dodd and Marsh 2017). According to a survey by the Pew Research Center's Pew Global Attitudes Project, opinions about Muslims in Europe are considerably negative. For example, (52%) Spanish and (50%) German respondents rated Muslims unfavourably.

According to the survey, one in four people in Britain and the United States also hold unfavourable views about Muslims (Pew Research Center 2008). Research has shown that in most cases, the victims of Islamophobic hate crimes are wearing traditional Islamic clothing at the time of the incident, and the perpetrators are overwhelmingly white male (Awan 2016, Littler and Feldman 2015). Muslims, particularly those with a 'visible' Muslim identity, are therefore more vulnerable to anti-Muslim hostility, intimidation, abuse and threats of violence. Indeed, for repeat victims, there is a continuity of anti-Muslim hostility in a globalized world. From this perspective, it is crucial that we have a better understanding of anti-Muslim hate crime and its impact upon Muslim men and women, their families and wider communities, and that as a society we examine and identify ways to prevent and respond to anti-Muslim hostility in Britain. For example, measures to help increase reporting of anti-Muslim hate crime, the services offered to support victims of Islamophobic hate crime, the recording of Islamophobic hate crimes and the use of educational workshops in schools are important measures in tackling Islamophobic hate crime.

Individual impacts

Being a victim of any kind of crime can have devastating and long-term impacts upon individuals, including emotional, psychological, behavioural, physical and financial effects. However, evidence shows that 'hate crimes hurt more'. Empirical studies of targeted victimization emphasize the more severe impact for victims of hate crime when compared with non-hate victims (see, for example, Smith et al. 2012, Chakraborti et al. 2014, Williams and Tregidga 2014). In the context of anti-Muslim hate crime, both virtual- and physical-world attacks upon Muslims 'hurt' more than 'normal' crimes as they are seen as an attack upon the victims' Muslim identity (Awan and Zempi 2015). From this perspective, the impact of anti-Muslim hate crime may exceed that of 'normal' crime because of victims' perceived and actual vulnerability due to their affiliation to Islam.

In addition to potentially suffering physical injury, victims of anti-Muslim hate crime can be affected emotionally. In particular, there are distinct emotional effects associated with this victimization, including feelings of fear, insecurity, anxiety, vulnerability, isolation and depression. Given that they are targeted because of the 'visibility' of their Muslim identity – which is easily identifiable, either in the virtual world or in the physical sphere, because of their Muslim name and/or Muslim appearance – victims are unable to take comfort in the belief that what happened to them was simply random and 'could have happened to anyone'. Rather, they are forced to view this abuse as an attack on their Muslim identity, and this has severe implications for their levels of confidence and self-esteem as well as their feelings of belonging and safety in the UK.

A key finding in research conducted by Awan and Zempi (2015) was that participants were multiple and repeat victims of both cyber- and physical-world forms of anti-Muslim hate crime. Rarely did participants describe anti-Muslim hate crime as 'one-off'; rather, there was always the sense, the fear, the expectation of another attack. Repeat incidents of cyber- and/or physical-world anti-Muslim hate increase feelings of insecurity, vulnerability and anxiety among victims. Bowling (2009) states that repeated or persistent victimization can undermine the security of actual and potential victims, and induce fear and anxiety. The distressing nature of

anti-Muslim hate crime, coupled with the frequency with which these acts are committed, creates high levels of fear among actual and potential victims.

Participants in Awan and Zempi's study also highlighted the relationship between cyber- and physical-world anti-Muslim hate crime, and described living in fear because of the possibility of online threats materializing in the 'real world' (Awan and Zempi 2015). Unarguably, the internet allows people to take on a new and anonymous identity, and to bypass traditional editorial controls, to share their views with millions. Online anti-Muslim hate messages can be sent anonymously or by using a false identity, making it difficult to identify the offender. The anonymity aspect in cases of online anti-Muslim hate messages is extremely frightening, as the perpetrator could be anyone and the online threats could escalate into the physical space.

In light of the profound negative impacts of anti-Muslim hate crime, it is clear that the emotional scars can last for a long time. When another incident takes place, victims relive previous incidents of anti-Muslim hate crime. As a result, some individuals might suffer from depression, eating disorders, sleep pattern disturbances including insomnia and nightmares, flashbacks, and memory lapses. The continual threat of abuse can be emotionally draining for victims, who not only relive past incidents but also feel the need to be constantly on the alert. This shows that anti-Muslim hate crime can result in a cumulative experience of psychological trauma and emotional burn-out over time.

Seen in this context, anti-Muslim hate crime disrupts notions of belonging while maintaining the boundaries between 'us' and 'them'. This highlights the immediate effect of anti-Muslim hate crime, which is to undermine victims' sense of security and belonging, while the eventual impact is to create fear about living in a particular locality and to inspire a wish to move away (Bowling 2009). In this way spaces and places are created in which 'others' are made to feel unwelcome and vulnerable to attack, and from which they may eventually be excluded (Bowling 2009). Correspondingly, an additional cost that victims of anti-Muslim hate crime often experience is a change in their routines and lifestyles. In this case, the threat of both cyber- and physical-world anti-Muslim hate crime is so 'real' that it can cause individuals to change the way that they live their lives, and even to take steps to become less 'visibly Muslim'.

In this context, individuals appear to manage impressions of their Muslim identity in public and online mainly through concealment, with the aim of reducing the risk of future abuse. Zempi (2014) found that Muslim women who wear the niqab often try to become less 'visible' by taking the niqab off. Relatedly, Zempi (2014) found that the threat of anti-Muslim hate crime had long-lasting effects for individual victims, including making them afraid to leave their homes and leaving them feeling like 'social lepers' and 'social outcasts'. As a result, common sensations cited by veiled Muslim women were those of panic attacks, worry, extreme anxiety and depression, which were said to derive from the fear of having to endure future victimization when in public. Thus women were often reluctant to leave the house through fear of being attacked, particularly on the street, in parks, in shops and on public transport. However, some women described feeling like 'prisoners in their own home'. Although the experience and fear of anti-Muslim hate crime had 'forced' these women to withdraw from wider social participation, this was seen as the 'only way' to decrease their sense of vulnerability as they felt that there was nowhere else that they could be safe from the threat of anti-Muslim hate crime. It is important, too, to highlight the gendered nature of anti-Muslim hate crime. Indeed, Zempi (2014) found that veiled Muslim women face anti-Muslim hostility not only because of their religion but also because of their gender and, specifically, gender performance.

Overall, this discussion illustrates how the enactment of geographical boundaries impacts upon 'emotional geographies' in relation to the way in which actual and potential victims perceive spaces and places inside and outside their 'comfort zones' (Hopkins 2007). Rather than risk the threat of being attacked, many actual and potential victims choose to retreat to their 'own' communities and as a result become reclusive. Clearly, this limits the behavioural options and life choices of individuals, as it determines their area of residence, their vocational pursuits and leisure activities, their mode of transport, and even their access to educational opportunities. Concurrently, this reality often results in segregation in housing, transportation, education, employment and leisure activities. However, for Perry and Alvi (2012) this is not a voluntary choice; rather, it is the 'safe' choice. Whether cyber- or physical-world, the reality of anti-Muslim hate crime creates 'invisible' boundaries, across which members of the Muslim community are not 'welcome' to step.

Community and societal impacts

As discussed above, anti-Muslim hate crime may damage victims' self-esteem, confidence and feelings of security far more than 'ordinary' crimes. In this regard, it is victims' intrinsic identity that is targeted: something which is central to their sense of being and which they cannot or do not wish to change. The emotional, psychological and behavioural harms associated with anti-Muslim hate crime are not restricted to victims; rather, the harm extends to the wider Muslim community, both nationally and globally.

Awareness of the potential for anti-Muslim hate crime enhances the sense of fearfulness and insecurity of all Muslims due to their group membership. Consequently, the threat of anti-Muslim hate crime impacts upon notions of belonging and cohesion among Muslims, who are reminded of the appropriate alignment of 'us' and 'them'. This shows that Islamophobic hostility affects not only the individual victim but also the community to which victims belong. Indeed, as Perry (2001) points out, hate crimes are 'message crimes' whereby a message of hate, terror and vulnerability is communicated to the victim's broader community. Within this framework, incidents of anti-Muslim hate crime send out a terroristic message to the wider Muslim community. Specifically, the intent of hate crime offenders is to send a message to multiple audiences: the victim, who needs to be punished for his/her inappropriate performance of identity; the victim's community, who need to learn that they too are vulnerable to the same fate; and the broader community, who are also reminded of the appropriate alignment of 'us' and 'them'.

As such, anti-Muslim hate crime affects wider society on the basis that it isolates and excludes Muslims, thereby creating fear, resentment and mistrust of the 'Muslim Other'. The separation of communities based on this dichotomy promotes a situation where both Muslims and non-Muslims live in fear of each other. This separation prevents 'us' and 'them' from interacting with each other and increases fear of engagement on both sides. As such, anti-Muslim hate crime promotes the notion of 'parallel lives' and self-enclosed communities. The separation between 'us' and 'them' means that Muslims and non-Muslims have little or no experience of each other's daily existence (Zempi and Chakraborti 2015). In addition, this separation contributes to a lack of shared experiences, with little opportunity for the emergence of shared values. In theory, the notion of community cohesion highlights the importance of a common sense of belonging and the need for shared

values and integration. However, the pattern of separation described here shows that the community cohesion agenda is based exclusively upon the obligation of Muslim minorities to integrate, and as a result the problem of non-integration is seen to rest with Muslims themselves (Zempi and Chakraborti 2014). This demonstrates the link between anti-Muslim hate crime and community cohesion.

Conclusion

Ultimately, anti-Muslim hate crime attempts to divide the world into two homogeneous groupings, 'us' and 'them', while failing to recognize that the wider Muslim community comprises a number of fluid, overlapping and internally diverse national, racial and ethnic communities, which cut across any simple majority/minority division. Thus, the impacts of anti-Muslim hate crime extend to society as a whole by promoting the separation between 'us' and 'them' (Zempi and Chakraborti 2015). In this sense, the individual and societal impacts of anti-Muslim hate crime are the creation of disruption, fear, hostility, suspicion and isolation for both 'us' and 'them'.

Sahar's story

Molecular geneticist/campaigner, Cardiff, British, Arab, female

'I want to see Muslim women confident within their identities, unapologetic about their choices, successful in every aspect of their lives, contributing to society and participating in public life.'

I am a Muslim woman of colour who chose to wear the face-veil (niqab) out of conviction of faith. I have been the target of much Islamophobic verbal, and sometimes physical, abuse in the streets, shopping centres and hospitals, so much so that I don't know what life is without it. I have had people call me a 'terrorist', 'bomber' or shouting, 'Go back to your country!' with such vitriol and even grossly swearing at me. It is excruciating to live with.

I once gave an interview with the BBC and someone passed by, looked fearlessly at the camera and shouted 'Fucking bomber'. This is what happens in front of the camera: you can imagine would could happen behind it.

It was very difficult for me to go to university because of the fear of people and their reaction to me. I considered quitting many times, thinking that the university would be just an additional place of abuse. I used to cry on my way to university, and if I had not had my supportive father who pushed me to face my fears courageously, I think I would have returned home at the steps of my university building. During my time in university, I never faced discrimination from the staff or lecturers. In fact, my personal tutor went to great lengths to support me, well above and beyond his job description.

However, soon after graduation the struggle of finding a job began. At the beginning, I was not shortlisted for any job I applied for, so I took my CV to one of my supervisors asking for it to be reviewed. The first thing she said: 'Sahar, your CV is good and your work with the Muslim community illustrates excellent leadership, organization and communication skills. But it's too "Islamic", and in the current hostile environment concerning Muslims, you cannot get anywhere with it.' I reluctantly changed my CV, and was immediately shortlisted and offered an interview.

Many Islamophobes accuse me and others of raising the victim card, belittling my struggles, blaming my choice as a polarizing tool. I want to say to these Islamophobes, yes I am a victim of your hate and bigotry, that is not a card I am raising and I don't have the victim mentality.

As a result of my experiences I decided to take a career break for one year to campaign against Islamophobia full-time.

I just don't want anyone to go through what I've been through. I want to see Muslim women confident within their identities, unapologetic about their choices, successful in every aspect of their lives, contributing to society and participating in public life. I will not spare any time or effort in achieving that.

7 Prevent and the normalization of Islamophobia

Barbara Cohen and Waqas Tufail

Introduction

In order to understand Islamophobia in the UK, the state's relationship with Muslim communities must also be examined. Following the commencement in 2001 of the 'war on terror', the UK government acted to restrict civil liberties and to enact laws giving the state enhanced powers to combat terrorism and to protect its citizens specifically against the threat posed by 'Islamist extremists', foreign and domestic. The state's counter-terrorism focus upon Muslim communities over the past two decades has had a role in fostering and furthering Islamophobia, a form of racism that is readily identifiable in the UK today.

'Prevent', as a key element within 'CONTEST', the UK government's counter-terrorism strategy, has been criticized as discriminatory and counter-productive from the outset. Through its specific targeting of Muslim communities, Prevent has been regarded with suspicion as a tool to collect intelligence (Dawson 2016: 6). And the criticisms of Prevent have been stronger, more specific and more widespread since the approach made it the responsibility of schools, universities, hospitals, local councils, prisons, etc. to prevent individuals from becoming terrorists. From trade unions whose members are now legally mandated to work with Prevent to international human rights research and policy organizations (Rights Watch UK 2016, Open Society Justice Initiative 2016) and UN institutions,² the same concerns are raised again and again: Prevent is discriminatory in its operation, if not its intent, with the consequence that it alienates the very people it claims it wants to engage with; contrary to the 'British values' it extols, in its implementation Prevent involves denial of basic human rights.

Prevent, the public sector equality duty, the Prevent duty and Channel

Prevent has had two distinct phases. Initially it was concerned with preventing violent extremism, with the principal threat seen to come from 'Islamist terrorists'. Prevent put the onus on Muslim communities, providing funding to support local programmes for young Muslims. Kundhani (2014)

notes that during this period Prevent funding was compulsory for local authorities with Muslim populations of over 2,000, a practice he describes as 'racial and religious profiling' and which may well have been challenged as a potential violation of anti-discrimination legislation, had it been more widely known about at the time. Phase 2, from 2011, extended the focus of Prevent from 'violent extremism' to broadly defined 'extremism', challenging ideas which the government saw as contributing to radicalization. Prevent now relies on frontline public sector institutions, having become a legal duty of these institutions under the Counter-Terrorism and Security Act 2015 (CTSA 2015).

The public sector equality duty

All of the public authorities subject to the Prevent duty are also subject to the public sector equality duty (PSED) in the Equality Act 2010:

a public authority must, in the exercise of its functions, have due regard to the need to ... eliminate discrimination, advance equality of opportunity and foster good relations between different groups defined by race, sex, religion or belief, age, disability, sexual orientation, pregnancy or maternity or gender reassignment (protected characteristics) [our emphasis].

To comply with the PSED a public body is expected to consider the impact or likely impact on persons with one or more protected characteristics of its policies and practices, taking appropriate steps to remove or mitigate adverse impact.

The PSED has been in force since April 2011. There is very little evidence that PSED requirements were taken into account in relation to Prevent, either when the revised strategy was developed, or at any time since, including when it was made a legal duty on all public authorities.³

The Prevent duty

The basic language of the Prevent duty is identical to that of the PSED:

² UN Committees on the Rights of the Child and the Elimination of Racial Discrimination, and the Special Rapporteur on the Rights to Freedom of Peaceful Assembly and of Association.

³ One exception is HM Government (2015a): paragraph 71 and footnote 14.

a public authority must, in the exercise of its functions, have due regard to the need to prevent people being drawn into terrorism [our emphasis].

The strength of the obligations under the Prevent duty is no different to that of those under the PSED. However, differences in enforcement⁴ and in the politics of the day have resulted in authorities being incentivized to implement the Prevent duty with scant regard to the PSED, even when confronted with hard evidence of differential treatment of Muslims. Despite efforts by the Equality and Human Rights Commission (EHRC), rarely does a public authority seek to meet its equality duties alongside its Prevent duties,⁵ with the inevitable consequence of discrimination becoming entrenched in the implementation of Prevent.

Under the CTSA, public authorities must have regard to the Home Secretary's guidance on how to meet the Prevent duty. The current guidance describes the Government's objectives and provides sector-specific guidance on compliance with the duty.

Prevent guidance: opening the door to targeting of Muslims

While the guidance states that Prevent is intended to deal with all kinds of terrorist threats, it is difficult not to read into it a clear targeting of Muslims. Noting that 'terrorists associated with the extreme right also pose a continued threat', the guidance nevertheless places particular emphasis on the dangerous ideology of Islamist extremists (HM Government 2015c).

The guidance implies a progression from non-violent extremism to terrorism – a progression that is implied to be proven, although this is denied as necessarily the case by government officials and strongly rejected by a range of experts (see for example Weaver 2015 and Gearty 2012). However, this link between 'extremism' and 'radicalization' is necessary to support the government's emphasis on challenging ideas and pre-criminal activities as an effective means of preventing people being drawn into terrorism.

The much-criticized wide definitions of the core concepts of Prevent in the guidance permit varied individual interpretations, including those infected by prejudice, leading to implementation based on

Islamophobic stereotypes and discrimination. Basic uncertainty starts from the unclear and problematic definition of 'extremism' as,

vocal or active opposition to fundamental British values, including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs. (HM Government 2015c)

The guidance sets out how the duty should be met within the functions of a particular sector; the primary task for all sectors is to identify and refer people at risk of being drawn into terrorism. The relevance of the duty for safeguarding responsibilities is emphasized in guidance for local authorities, education, childcare and health. A recent report suggests that some teachers feel more confident about their role in Prevent when it is made part of safeguarding, a duty they already understand (Busher et al. 2017). Other observers of Prevent dispute the legitimacy of using safeguarding – intended to protect vulnerable children and adults – for purposes of counter-terrorism.

Impact on free speech

The guidance for universities reflects the Government's belief that extremists are at work on campuses preaching 'hate' and radicalizing students and staff (Martin 2015). Importantly, the CTSA requires universities and the Secretary of State to have particular regard to the statutory duties of universities to ensure freedom of speech and the importance of academic freedom. However, there is a real risk that in meeting the Prevent duty universities will feel obliged to give lesser weight to protecting free speech, since they are advised by the guidance that in addition to identifying individuals vulnerable to radicalization, a university should not permit an event involving an external speaker to take place unless the university is 'entirely convinced' that any extremist views likely to draw people into terrorism can be fully mitigated (HM Government 2015b). Prevent officers are known to have actively worked to persuade venues to cancel legitimate events on the topic of Prevent and Islamophobia, sought to place student Islamic societies on university campuses under surveillance and requested details of event attendees. Prevent is infringing on the rights of citizens, and particularly those campaigning from within Muslim civil society.

⁴ For example, under the CTSA, section 30, but not the PSED, the Secretary of State can issue directions requiring compliance which can be enforced by the courts.

⁵ Recent research has found that none of the processes to give effect to the PSED were being followed in the implementation of Prevent by universities in England (Massoumi 2017).

Channel: dubious criteria for assessing vulnerability to radicalization

An essential element of Prevent is 'Channel', which now operates under the CTSA. Channel is a multi-agency programme to assess the extent of vulnerability to radicalization of a person referred by the police, and, where appropriate, draw up a (de-radicalization) support plan or refer the person to health or social care services. Some uncertainty exists regarding the requirement for consent before intervention or sharing of personal information by Channel. The assessment of vulnerability by Channel is based on a framework comprising 22 factors, grouped under 'engagement', 'intent' and 'capability' (HM Government 2012b), which may or may not apply to a referred person. The lack of reliable evidence to support the validity of this assessment, which is applied to children and adults referred by non-specialists via the police, gives rise to real doubts regarding the integrity of the process. While there has been little academic research conducted on Channel (not least because of a lack of transparency and openness from government in terms of data), a study by Coppock and McGovern (2014) argues that it is 'ill-conceived', relies on 'pseudo science' and, through its reliance on untested cognitive behavioural therapies, may in fact cause harm to its recipients.

Without effective Prevent training the risks of discrimination are greater

Strictly, every person in a public-facing role within all of the authorities subject to the Prevent duty should be trained; this new responsibility is too serious, and the consequences too grave, for it to be carried out by people working in different disciplines who may be unclear as to what they are expected to do. This training should also include an anti-discrimination component and cover authorities' responsibilities under the PSED. More than two years since the duty came into force there remain serious concerns in every sector regarding the quality, content and coverage of the training, which comes in a variety of packages put together by different agencies, without any validation or regulation. For example, a BMJ survey was told by an NHS Trust in London '94% of staff have had basic level one Prevent training'. However, that training consists of 'information leaflets supported by a quiz' (Gulland 2017).

Prevent and the normalization of Islamophobia

There are numerous accounts of Muslim students in schools and colleges and at universities being referred under Prevent for what emerge as the most mundane of reasons, including simply reading a particular library book or engaging in campus-based pro-Palestine or anti-racist activism. An inevitable outcome of the CTSA is that counter-terrorism is now within the country's classrooms, lecture halls, hospitals and public libraries. No longer solely the preserve of the police, now teachers, lecturers, doctors, social workers and public sector staff more broadly form the core of the state counter-terrorism apparatus. With key Prevent operators often only informed by a one-hour Prevent presentation of dubious quality (carried out by private companies), it is unsurprising that acts of discrimination and prejudice occur in the over-zealous reporting of supposedly 'suspicious' individuals (Ward 2017). Within a national climate of anti-Muslim racism, where the necessity of Prevent is routinely associated by the government and media with Muslims and/or Islam, there is evidence of frontline professionals relying on existing biases and stereotypes. There is a public debate that is yet to take place about the fact that the majority of these so-called 'suspicious' individuals, behaving perfectly lawfully but deemed vulnerable to radicalization, are Muslim schoolchildren, left traumatized after being wrongly regarded as potential terrorists.

Muslims consistently grossly over-represented among referrals to Channel

Whether as a result of a particular interpretation of the Home Secretary's Prevent guidance, wholly inadequate training or anxieties regarding sanctions for non-compliance, the reality is that staff working within public sector institutions are disproportionately identifying Muslims of all ages as 'extremists' or 'vulnerable to radicalization' and referring them, via the police, to Channel, the government's so-called 'de-radicalization' scheme.

The 2011 Census recorded Muslims as constituting 4.8% of the UK population; with different age demographics to the population as a whole, it is estimated that Muslims comprise approximately 8% of the population under 18. Percentages of Muslims referred under Prevent are significantly out of line with these proportions.

Statistics published by the National Police Chiefs' Council⁶ show a significant increase in referrals between 2014/15 and 2015/16 (the latter including nine months when the Prevent duty was in force); there was an increase of nearly 90% in the total number of Channel referrals, including an increase of 250% in referrals of children under 10 and an increase of 114% in referrals of young people under 18, between these two years. This data also discloses consistently high proportions of Muslims being referred (or referrals based on a risk of 'Islamist extremism', which we submit is a reliable proxy for 'Muslim'), in both years (see Table 7.1).

For the two-year period March 2014 to March 2016, when the religion of persons under 18 referred to Channel was recorded, the total recorded as Muslim was nearly six times greater than the total recorded as belonging to any other religion. If we take population size into account, Muslim children were 44 times more likely to be referred compared to those belonging to any other religion.⁷

The explanation put forward to justify this wide disparity⁸ which was apparent before the Prevent duty came into force, was that 'terrorists who claim to act in the name of Islam', who pose the 'greatest threat to the UK, 'specifically target Muslims' and therefore the 'support offered through Channel' is predominately provided to Muslim communities. However, as 80% of Channel referrals are not taken as far as the 'de-radicalization' or 'support' stage,⁹ the consistent gross over-referral of Muslims, especially Muslim children and young people, strongly reflects Islamophobic prejudice and stereotyping going well beyond an accurate assessment of the risks of extremism. With pressure on teachers, social workers, doctors and the police to refer individuals and no sanctions for over-referral, it is likely that the present pattern will continue. This will mean a state-sponsored programme which results in the wholly unnecessary intimidation

and stigmatization of thousands of mainly Muslim children and adults who have done nothing wrong and who, as a result, may feel further alienated from British society.

Cumulative impact of Prevent

In contemporary Britain, Muslims are regarded as a policing and social policy problem, in requirement of state intervention. In terms of counter-terrorism, this manifests itself in Prevent, with the state demanding cooperation and partnership from the 'Muslim community' (no matter how much this totalizing term is rejected by Muslims themselves). However, this is also expressed through the longer-standing demand (predating the 'war on terror' period which saw the introduction of Prevent) for Muslim 'integration'. Recent government reports pertaining to Muslim 'integration' have argued that better integration would protect against the likelihood of extremism and radicalization (see Casey 2016). While such rhetoric is politically expedient, it is completely devoid of a supportive evidence base. It is within such a climate that British Muslims feel as though they are not accepted as British by their fellow citizens (Tufail and Poynting 2013).

Understanding Prevent as a racist, Islamophobic policy allows for an analysis not only of its misguided aims, but of the real harms and deleterious consequences experienced by Muslim communities in the UK.

Concluding remarks

Ensuring safety from terrorism is in the interests of all citizens, including Muslims. However, it is contrary to both equality and human rights law that Muslims, far more than any other group, are expected to pay for such safety at the cost of being subject to suspicion, demonization, racial stereotyping and unwarranted interference with their private lives. Of particular concern is the impact of Prevent on young Muslims,

Table 7.1: Channel referrals for risk of Islamist extremism, 2014–2016

Year	Total referrals	% referred	Referrals, under-18s	% referred	Referrals, under-10s	% referred
2014/15	2,183	70%	967	73%	87	80%
2015/16	4,117	68%	2,074	68%	311	77%

6 NPCC, 'Freedom of Information request to National Police Chiefs' Council', Ref. 000043/16. Available at: www.npcc.police.uk/Publication/NPCC%20FOI/CT/043%2016%20NPCC%20response%20att%20of%201%2014042016.pdf.

7 NPCC, 'Freedom of Information request to National Police Chiefs' Council'.

8 NPCC, 'National Channel referral figures'. Available at: www.npcc.police.uk/FreedomofInformation/NationalChannelReferralFigures.aspx.

9 NPCC, 'National Channel referral figures'.

who have grown up not only with a nearly constant stream of negative, Islamophobic headlines but also with a policy that necessitates their surveillance in schools, colleges and universities. Missing from the discussion of extremism, radicalization and terrorism is the burden Muslim minorities have had to endure through collectively being considered a terrorist threat. That such damaging treatment of Muslims under Prevent cannot be shown to reduce the risk of terrorism makes it all the more egregious, and it should be brought to an end.

The Government, the police and other bodies involved in promoting Prevent (including some Muslim civil society organizations) should acknowledge that any benefit to the state which Prevent may provide is significantly outweighed by the harm it inflicts on Muslim communities, and hence on British society as a whole, making Prevent counter-productive in terms of its purported aims. The idea of 'fundamental British values' serves only as a rhetorical device when it is considered that Prevent is dividing, stigmatizing and alienating one sector of the population.

One of the most striking elements of public discourse concerning Prevent is how little official recognition there is of the harm it inflicts on British Muslim minorities in schools, universities and other societal settings. On the few occasions such harm is acknowledged, it is often downplayed as the result of a misunderstanding, an aberration or a one-off experience due to poor training. There remains an institutional reluctance to scrutinize the full impact of Prevent.

As has been repeatedly recommended by academics and by human rights and civil liberties advocates, there needs to be a truly independent inquiry into all aspects of Prevent and its impact on Muslim communities, based on full disclosure by all of the agencies and institutions involved, ensuring an opportunity to hear evidence from all affected communities.

Given that the current government is committed to persisting with Prevent (and has even committed to 'strengthening' it after an internal review), it should at the very least recognize its equality obligations and immediately revise its statutory guidance to require compliance with the PSED in meeting the Prevent duty. Any government attempt to challenge extremism should not be directed towards a particular racial or faith group and must address societal inequalities, exacerbated over the past decade by the political choice of austerity.

In a climate of normalized anti-Muslim racism, Prevent is only one example of the ways in which the state has been able to build on public insecurities to give false legitimacy to Islamophobia. To genuinely address the issues at hand, a change of direction is urgently needed.

8 Framing Muslim integration

Ajmal Hussain and Nasar Meer

It was only a few years after the Runnymede Trust published its groundbreaking report on Islamophobia in 1997 that there emerged a governmental view on the alleged failure of Muslim integration. Muslims had up until then perhaps been creeping into the national consciousness as an illiberal menace (Asad 1990) or as unruly youngsters on the streets (Alexander 1998). Following the inquiries into civil unrest that occurred in some northern towns home to both small and large numbers of British Muslims at the turn of the millennium, a series of reports characterized these communities as self-segregating, adopting isolationist practices and generally leading 'parallel lives'. The Ouseley report (2001) perhaps pioneered an approach found in other official post-riot accounts (cf. Cantle 2001, Ritchie 2001), in which Muslim settlement patterns were initially likened to those of 'colonists' (Wainwright 2001, cf. Meer and Modood 2009). It was a period in which 'community cohesion' approaches became salient, and their objectives were deemed to furnish commentators with the licence – not always supported by the specific substance of each report – to critique Muslim distinctiveness in particular (Meer 2006). When distilled, these criticisms would orbit around the claims that Muslims in Britain had less favourable views of – and therefore attachment to – Britain, and that they preferred to cluster together in self-segregating communities. Later would come security discourses and policies, in which 'integration talk' served as a fulcrum on which the policy fate of Britain's Muslims has come to rest (Meer 2015a).

What of integration?

Integration is a concept with a long history that goes to the heart of how we understand the kinds of social relations that characterize modern societies, from rural to urban, from kinship to community. This dynamic has been recast in thinking about the integration of ethnic minority diversity, and a large part of European politics is presently occupied with coming to terms with how this renews and/or unsettles established social and political configurations. Here integration starts to become a debate that describes not only processes of change that occur among groups, but what a principled position on that change should look like.

What are the public philosophies of integration policy and discourse in which Muslims have been located?

Several are notable. One is that integration should proceed on the grounds of established configurations which diverse cultural, religious and ethnic minorities should seek to emulate, if not assimilate into. That is to say that where Muslim minorities 'insist on retaining their separate cultures, they should not complain if they are viewed as outsiders and subjected to discriminatory treatment' (Parekh 2000: 197). A more nuanced and elaborate version of this position limits the comprehensiveness of assimilation to the public sphere, into which Muslims should assimilate in order to participate in the political cultures of a society, but without preventing them from retaining their diversity at the level of the family, and some parts of civil society. The insistence here is upon a prescribed 'political culture, which includes [society's] public or political values, ideals, practices, institutions, modes of political discourse, and self-understanding' (Parekh 2000: 200). Some perceived this mode of integration – comprising at least partial assimilation – as ascendant (Back et al. 2002), as a solution to the sorts of societal disunity allegedly associated with ethnic minority separatism in general, and Muslim alienation and estrangement (and ultimately violent radicalism) in particular.

Such prescriptions for integration as comprising full or partial assimilation have not gone unchallenged, however, and indeed until relatively recently were viewed as less favourable than other modes of integration (Triandifillidou et al. 2011). This would include approaches deemed as multicultural and which recognized that social life consists of individuals and groups, and that both need to be provided for in the formal and informal distribution of powers (CMEB 2000, Meer and Modood 2009, Modood 2013). This means that while individuals have rights, mediating institutions such as Muslim associations may also be encouraged to be active public players and may even have a formal representative or administrative role to play.

Governing Muslim integration

In the six UK governments that have held office since the publication of the Runnymede report, the integration of Muslims has not followed a uniform story of either assimilation or integration. There have also been important multiculturalist advances in terms of the incorporation of Muslim political organizations, even where the fate of these

achievements is marked by uncertainty. For example, a national body was created to represent mainstream Muslim opinion; with some encouragement from both the main national political parties, it led to a body to lobby on behalf of Muslims in the parliamentary corridors of power. This new body, the Muslim Council of Britain (MCB), was accepted as a consultee by the New Labour government of 1997 till about the middle of the subsequent decade, following the invasion of Iraq. The MCB was successful in achieving its aims of having Muslim equality issues and Muslims as a group recognized in addition to issues of race and ethnicity; and of itself being accepted by government, media and civil society as the spokesperson for Muslims. Another two achieved aims were the state funding of Muslim schools on the same basis as Christian and Jewish schools (Meer 2009); and getting certain educational and employment policies targeted on the severe disadvantage of Pakistanis and Bangladeshis (who are nearly all Muslims) as opposed to on minority ethnicity generally. Additionally, it played a decisive role in persuading Tony Blair to go against ministerial and civil service advice and include a religion question in the 2001 Census (Sherif 2011). This meant that the ground was laid for the possible later introduction of policies targeting Muslims to match those targeting groups defined by race or ethnicity – or gender. Even as the MCB fell out of favour, local and national consultations with Muslim groups grew rapidly (O’Toole et al. 2013).

Alongside these practical developments of incorporating Muslim interests in certain policy areas, there has been an increased public visibility of Muslims in both the discursive and the everyday life of the nation. Where the Labour governments (1997–2010) were more active, the following coalition government (2010–2015) was slower, and its long-awaited strategy on integration was not published until February 2012. In *Creating the Conditions for Integration*, then-Communities Secretary Eric Pickles defined integration as an antidote to extremism and intolerance (DCLG 2012). In this, there was no shift in the discourse about Muslims as a fifth column established by talk about parallel lives over the preceding decade. Indeed, the long-awaited integration strategy folded Muslims into a general national unease that had been suggested by Sayeeda Warsi a year earlier in her assertion that Islamophobia had ‘passed the dinner-table test’ (Batty 2011). What has come to define integration talk since has been a focus on creeping change and fear as dangers to the cohesiveness (and existence) of the nation. In this, the strategy echoed concerns with ‘Britishness’ propounded by New Labour since

2006, while giving further succour to fears of an encroaching Londonistan (Phillips 2006) and Eurabia (Ye’or 2006).

Accompanying the focus on Britishness, there has been a focus on informal care and support to build integration from the ground up. Pickles’ integration policy followed in the mould of the ‘Big Society’ paraded by then-Prime Minister David Cameron as part of the Conservative Party’s 2010 election campaign, with Pickles’ ‘Big Lunch’ following in this vein. Other everyday interventions included cultivating trust between different people living in the same area through the ‘Near Neighbours’ scheme. There was then a certain banality to this integration strategy. The reference to recognizable things in everyday life – lunches, bible prayers in school and council assemblies – represented a sidestep from lofty policy language such as ‘sleepwalking to segregation’ and ‘parallel lives’.

There has also been a weighing-in of non-governmental voices in integration debates. For example, in 2014 the Social Integration Commission published its report *How Integrated Is Modern Britain?* It noted the challenge to ‘get policy right’ in an area considered to be more about informal or voluntary choices that people make rather than solely policy decisions. Its short report foregrounded the importance of social interactions while problematizing the ideas that more diverse areas are automatically integrated, and that only ethnic minorities should be concerned with becoming integrated (Social Integration Commission 2014). Further, we have come to see the debate about integration being played out in more popular terms with references to places with sizeable Muslim populations as ‘no-go areas’ (*The Guardian* 2015), and images of niqab-wearing women as out of place and Muslim/Pakistani men as sexual predators. Integration is, thus, visceralized in feelings, emotions and beliefs about others, and overwhelmingly Muslims.

The populism surrounding integration debates has been capitalized on by the UK’s main political parties, and alarmingly successfully by the UK Independence Party (UKIP), for which it also takes on more of a parochial tone, with UKIP party leaders seeking to position it as an explicitly anti-Islam party (Sloan 2017). The emergence of populist politics fed by images of ‘Little Britain’ or ‘Little England’ has meant that integration talk takes on more of a disciplinary tone too. It is not enough that the school gates become a site of intercultural exchange: classrooms have become the front line. Alongside the creeping in of changes to the curriculum to include lessons on

citizenship and integration, schools become spaces not only for transmitting so-called ‘Fundamental British Values’ (DfE 2015) but also for the active policing of transgressors (Alexander et al. 2015: 4). The ‘Trojan horse’ hoax in 2014 epitomized the challenges to active Muslim participation at the very local level (Miah 2017). Both examples illustrate how majoritarian codes inflected with Islamophobia are crafting strategies that, in effect, police Muslim mobilizations and claims-making, most apparently here in the field of education.

Meanwhile, the ‘Muslim question’ continues to inform the current musings of former influencers of policy on integration. Trevor Phillips, for example, who introduced the term ‘sleepwalking to segregation’ into the UK policy sphere in the 2000s, has more recently returned to update his prophecies about an imminent clash of values represented in the threat of Muslims. In *Race and Faith: The Deafening Silence* (2016) Phillips argues that the ‘organic integration’ that accompanied post-war immigration is no longer suitable for 21st-century Britain faced with the Muslim question. In Phillips we hear echoes of David Cameron at the Munich Security Conference in 2011 when he too called for an approach that was more ‘muscular’ (Cabinet Office 2011).

Trevor Phillips has maintained a voice in integration debates through commentary and media. For example, he recently presented the Channel 4 programme *What Muslims Really Think* (13 April 2016), in which he offered a distorted picture of Muslim attitudes toward a range of issues, including same-sex relationships, faith schools, polygamy and, of course, religious-inspired violence, that have come to define liberal notions of citizenship. Not surprisingly the programme prompted responses from Muslims and liberals alike who challenged the validity of the sample and the interpretation of the results. The Muslim question has also featured in the reality TV programme *Muslims Like Us*, which aired on BBC 2 in December 2016. It sought to explore a group of selected Muslims’ relationship to Britishness through bringing together an unlikely range of Muslims and non-Muslims in one (not so Big Brother-like) house.

Much of the national focus on Muslims in relation to questions of integration and Britishness discussed above was addressed in the most recent government-commissioned exercise on integration – the Casey Review published in December 2016. The report opens with a confession that it will be difficult reading for Britain’s Pakistani and Bangladeshi communities, whom it characterizes

as self-segregating, with inadequate leadership, and misogynistic. The Casey Review continued with the policy approach of viewing communities and individuals as agents for change. Notably, Casey’s approach to integration involved the promotion of *resilience*, mainly among the young and school-aged – a group accustomed to ‘rolling with the punches’ in an era of reduced public provisions as well as spaces in order to be political and affect change (Schilling and Simone 2015). There does seem to prevail a mood in government that sees Muslims as ‘outsiders’ who need to be brought ‘inside’.

What does the evidence tell us?

If we turn away from the discursive accounts towards a more applied analysis of Muslim integration, we should ask: what indicators are best suited to measuring success and failure of Muslim integration? The indicators identified by the commentators above combine behaviour (in this case residential settlement – or where people chose to live and form communities) and attitude (in terms of how people identify, and how strongly). Using these two indicators, what can we say about patterns of Muslim integration in Britain?

Residential settlement

Residential settlement is commonly identified as a visible sign of non-integration. A prevailing view is that Muslims tend to cluster and develop very strong ‘bonding capital’ (with kith and kin) at the expense of ‘bridging capital’ (with other non-Muslim groups and communities). The 2011 census tells us that 4.8% of the population self-defines as Muslim (over 2.7 million of the UK population), and it is true that a considerable percentage of British Muslims are concentrated in certain local authorities in East London, the North West, Birmingham and West Yorkshire (as well as in areas that border these). But it does not follow that this clustering is tightly configured and nor does it mean that the pattern is fixed. If we analyse the demographic distribution using the Index of Similarity, which measures ethnic group concentration, the broad tendency is actually for Muslims to be less separate than other religious groups, and indeed to be more likely to display a pattern of dispersal (e.g. settlement away from family of origin).

As Jivraj (2013: 18) summarizes, ‘the Muslim population is relatively evenly spread through England and Wales (Index of Similarity of 54%), which means that the separation factor has decreased since 2001’. As a comparison, the current Index of Similarity for British Hindus is 52%, British Sikhs 61% and

British Jews 63%. Claims that British Muslims have been *particularly* reluctant to mix with other groups therefore seem unsubstantiated, at least when considering residential location.

registered, however, is that they are the exception and not the norm.

Identity and integration

This behavioural tendency is further supported by polling on the kinds of neighbourhoods Muslims would ideally choose to live in. For example, when asked, 'If you could live in any neighbourhood in this country, which comes closest to describing the one you would prefer?', Muslims are nearly 10% more likely than non-Muslims to want to live in 'mixed' neighbourhoods (of Muslims and non-Muslims) and half as likely to want to live in exclusively Muslim neighbourhoods as other groups are to want to live in neighbourhoods exclusively reflecting their ethnic or religious groups (Gallup 2011).

If we move to a further attitudinal indicator concerning self-identification with Britain, we find that Muslims are in many respects highly integrated. In analyses of the UK Government's Citizenship Survey, Heath and Roberts (2008: 2) found 'no evidence that Muslims ... were in general less attached to Britain than were other religions or ethnic groups. Ethnic minorities show clear evidence of "dual" rather than "exclusive" identities.' These authors point instead to hyphenated identities, showing that 43% of Muslims say they belong 'very strongly' to Britain and 42% that they belong to Britain 'fairly strongly'. Taken together, these figures are higher for Muslim respondents than the equivalent figures for Christians or those of 'no religion'. What is especially interesting is that this confident British Muslim identity has developed alongside pan-Muslim solidarities, the idea of the Muslim 'ummah' or 'community of believers'. This has proved quite consistent with the widely accepted body of findings, reiterated by Wind-Cowie and Gregory's (2011) conclusion, that 'overall British Muslims are more likely to be both patriotic and optimistic about Britain than are the white British community'.

As our discussion reflects, the obvious problem with measuring Muslim integration is that it quickly becomes a 'vortex' issue that sucks in a range of others (Saggar et al. 2012). One of these is, of course, 'extremism' or 'radicalization'. For, despite evidence that Britain's Muslims are integrated according to conventional measures, international conflict, political violence and shifting national identity are in many respects the real drivers of anxiety over Muslim integration. What is insufficiently

Adam's story

London, male

Growing up I didn't really describe myself as Muslim or think much about my Muslim background. Before 9/11 it seemed easier to have a relaxed or even inactive relationship to Islam. Since then, I have experienced Islamophobia in various ways. I am regularly stopped by border officials and questioned, often for more than 20 minutes, and a few times for much longer. People have made assumptions about my views, beliefs or practices, typically presuming I am backward, illiberal or sexist.

As a non-practising Muslim, I also hear non-Muslims loosen their tongues about Muslims, asking me as a part-insider about what I really think about Muslims, and if they (i.e. Muslims) really think or do various terrible things. They assume I share their identity and sympathize with their arguments about Muslims.

Once, after giving a work presentation, which didn't even address religion or Muslims, the first question from the audience was 'what is your view on female genital mutilation?' I was initially baffled by the question, but then I realized I was being asked whether as a Muslim I supported it, and that this was viewed as a reasonable and justifiable question following a presentation that had nothing to do with such issues.

This sort of thing has happened on a few occasions but, in general, secular Muslims like me don't have the same intensity of Islamophobia compared to more obviously practising Muslims. But it also shows how no matter what a Muslim actually says or thinks, including whether or not we practise or believe in any religion, we are still always vulnerable to Islamophobic presumptions about Muslims.

One way I have dealt with Islamophobia is to affirm that I am in fact a Muslim. However I self-identify, and whatever my religious or other beliefs, that can't override the nature and extent of Islamophobia in modern Britain (and beyond). I've also become more conscious about not wanting to be defensive, ashamed or in denial of my background: of course I've got a Muslim background, and just as being a Catholic or a Jew in the UK isn't only or even mainly a question of religious belief or practice, Muslims too shouldn't be asked or required to deny their 'Muslimness'.

I've also become more irritated with my fellow secular and agnostic citizens, many of whom I think are blind to the discriminatory and terrible consequences of Islamophobia on real people's lives. I still don't believe in religious principles and this can be a challenge too: some Muslims don't see me as part of their community, and a few will even reject me more explicitly. I haven't often challenged people – whether Muslim or non-Muslim, religious or secular – very much about their Islamophobia, and I feel some of this is due to my concerns about expressions of Islamophobia or other prejudice being directed at me.

Secular Muslims like me are not always less vulnerable to Islamophobia where that takes the form of street-level racism and prejudice. But our relatively 'invisible difference' from the white British community means we don't suffer as much as more observant Muslims (just as orthodox Jewish people are more targeted by racist attackers than are secular Jews).

Our experience isn't perhaps the most common or most pressing one, but I hope that secular and religious Muslims can better find common ground, and of course be joined by non-Muslims in better challenging Islamophobia when we see or experience it.

* Adam's name has been changed to protect his identity

9 The challenges facing Muslim communities and civic society

Chris Allen

On revisiting the original Runnymede report, the specific reference to Muslim communities and civic society groups and organizations is striking. Comprising just five recommendations, the overarching emphasis was on Muslim organizations being tasked with discussing the report and ‘identify[ing] the recommendations on which they themselves can take immediate initiatives’ (Runnymede Trust 1997: 18). This perhaps suggested that the scope for Muslim communities and civic society was limited. In fact, every part of the report was directly relevant to Muslim communities and civic society. While the report intoned that Islamophobia was a challenge for us all, that challenge was far greater for Muslims and those seeking to campaign and advocate on their behalf. This chapter reflects on this far-from-insignificant challenge, to consider how Muslim organizations and civic society groups and organizations have been able to respond to and address Islamophobia. Focusing on how Muslim groups and organizations have changed – and indeed have been catalysed to change – over the past two decades, the chapter also considers the key socio-political factors that have not only framed how Muslim communities have been perceived but also hindered their progress in addressing Islamophobia. Some consideration will also be given to the constraining impact the spectre of counter-terror and counter-extremism policies and legislation have had on Muslim groups and organizations when trying to address Islamophobia.

Reflecting on Muslim communities and civic society at the time of the report’s publication, there was little recognition of Islamophobia among them. Consequently, few groups and organizations had the expertise necessary to adequately respond to the challenge of addressing Islamophobia, not least through campaigning and lobbying at the national political level. Lewis (1994) rightly suggests that by the late 1980s, much of Muslim civic society was typically concerned with religious and theological matters, or, alternatively, that civic society organizations were established to provide some form of welfare. Hamid (2013) similarly acknowledges how in the 1980s various Islamic youth movements began to emerge in response to specific theological and religious concerns.

It was only after the ‘*Satanic Verses* affair’ that things began to change, catalysing Muslims to organize and campaign on shared issues at the national level on the basis of Muslims being a distinct socio-political constituency. One organization of note to emerge out of this was the UK Action Committee on Islamic Affairs (UKACIA). Calling for legislation to make religious discrimination unlawful prior to the publication of the Runnymede report (Weller 2006), it was supported by the Commission for Racial Equality in lobbying government to use the 1975 White Paper on racial discrimination as a suitable basis upon which similar protection could be afforded to religious communities and individuals (Allen 2013).

As Weller puts it, the publication of the Runnymede report ‘moved the terms of the debate quite significantly ... [introducing] into public discourse the notion that, alongside shared dynamics of discriminatory experience, there may also be particularities of Muslim experience signalled by the word “Islamophobia”’ (Weller 2006: 306). While this was so, the real challenge facing Muslim communities and civic society was the fact that very few groups or organizations had the appropriate expertise to take forward the report’s findings. Admittedly, the report was right in suggesting there was much that Muslim groups and organizations could do within their own communities. But if Muslims were to have any real impact or make real progress in addressing the social realities of Islamophobia, then they needed to engage national government, the media and others.

As regards engaging national government, the electoral success of Tony Blair’s New Labour government was seen to be a positive development not least because it was far more receptive to religion and markers of religiosity than almost any of its predecessors (Allen 2013). This was initially evident in its willingness to engage in formal Muslim–government relations via the newly formed Muslim Council of Britain (MCB), which was described as New Labour’s protege (Silvestre 2010). The Muslim Association of Britain was also established around the same time, albeit without being attributed the same status as the MCB, but campaigning to address Islamophobia was not a priority for either – at least not in the late 1990s.

The same of course was also true of other Muslim organizations at the time.

It is difficult to evidence the extent to which the Runnymede report catalysed Muslim communities and civic society to begin organizing and campaigning on the need to address Islamophobia. Nonetheless, within a few years of the publication a handful of Muslim groups and organizations began to emerge for whom addressing Islamophobia was a central tenet. The first of these was the Islamic Human Rights Commission (IHRC). Known previously as the Human Rights Committee, it was successful in launching a report entitled *Anti-Muslim Discrimination and Hostility in the United Kingdom* at the House of Lords in 2000. While it has continued to campaign about Islamophobia and associated issues to the present day, it is fair to say that the IHRC has had a limited impact in the national political spaces. Another body to emerge around the same time was the Muslim Public Affairs Committee UK (MPACUK). Formed in 2000 as an e-group, its initial remit was to monitor the British media for Islamophobia. Having continued since – broadening its remit to advocate for greater Muslim participation, among other aims – its impact in the national political spaces has also been limited.

One other organization of note also emerged in the wake of the Runnymede report's publication. Having the potential to be the most significant, the Forum Against Islamophobia and Racism (FAIR) was formed in 2001. With a clear remit to raise awareness about Islamophobia, it also sought to campaign and lobby government on behalf of Muslims and their communities. The first organization to specifically address Islamophobia, it had some initial success in getting the Racial and Religious Hatred Act 2006 passed. Various factors resulted in FAIR failing to reach its potential, however, and it was largely defunct within a decade.

The demise of FAIR again opened a significant gap in campaigning and lobbying to address Islamophobia. More significant were two crucial socio-political factors that not only shaped how Muslim communities were perceived but also determined how Muslim communities and organizations were able to engage in public and political spaces.

The first of these began in the wake of the 9/11 terror attacks before coming to greater prominence following the 7/7 attacks in London. Not only did the terror attacks result in Muslims and the religion of Islam coming under intense public and political scrutiny, but it significantly shifted the focus of

formal Muslim–government relations. New Labour's thinking about Muslims and Islam became almost wholly framed by matters of security, counter-terror and extremism. The same was largely true of New Labour's political and policy interventions. As numerous studies have shown, this reinforced many of the public's fears and anxieties about Muslims and Islam (Briggs et al. 2006, Spalek and McDonald 2009, Allen 2013, Kundnani 2015), and it also went some way to reinforcing many of the negative stereotypes that seemed to inform most 'Islamophobia-thinking' (Allen 2017). In truth, addressing Islamophobia was not a priority for New Labour, illustrated by the fact that it rarely referred to Islamophobia throughout 13 years of government. When the government did address Islamophobia, it was always part of a wider conversation about strengthening counter-terror legislation or Muslim communities needing to do more to challenge extremism (Allen 2017). It could be argued that when Islamophobia was referred to, it was little more than a 'bargaining chip' in the process of co-opting Muslims into endorsing and supporting policies (Khan 2009; Kundnani 2015).

The second significant socio-political factor was concurrent. While organizations such as the MCB had been afforded preferential status, cracks in the relationship were soon evident. Struggling to find the best way to navigate its protege role from the start of the 'war on terror', the MCB lost credibility as a result, both with the politicians who had endorsed it and with the grassroots communities that had supported it (Altikriti 2012). When the government eventually severed ties with it, a far more competitive environment for Muslim groups and organizations emerged as the New Labour government sought a new interlocutor. Seeking to fill the void, a number of new organizations emerged, such as the British Muslim Forum and the Sufi Muslim Council. It was also the first time that 'ex-extremist' groups such as the Quilliam Foundation emerged. It should be stressed (see Gilliat-Ray 2004) that New Labour's engagement with Muslims – and indeed other faith-based groups and organizations – was undertaken on the basis of an unquestioned, taken-for-granted premise. Groups and organizations had to be a certain size, have a particular narrative around the heritage and history of their faith and communities, and have representatives with the right connections, experience and wealth. More importantly, they also had to be willing to unequivocally accept and support certain governmental assumptions. As Woodhead (2010) comments, if they did not – as per the MCB – New Labour's conditional and

shifting alliances became apparent. Rather than being able to determine and shape formal Muslim–government relations, then, Muslim groups and organizations were faced with having to be complicit and agreeable or be excluded from the discussion. This was not conducive to beginning conversations about addressing Islamophobia and making it a political priority.

Allen and Guru (2012) note the detrimental impact of increased competition between Muslim groups and organizations, and set out how formal relations with Muslim civic society were significantly different from those undertaken with minority communities historically. Most obvious was how New Labour’s approach enabled the state to have a hand – initially, a less-than-direct one – in structuring and organizing Muslim political representation and subsequent agendas. Silvestre (2010) notes that such an approach sits in contention with those of other European states, where formal relations reflect levels of self-organization among Muslim communities; in such a context, not only do those Muslim communities drive the process but they also maintain a sense of autonomy in determining what is important to them. Only where little self-organization is apparent do governments typically intervene and impose a ‘top-down’ approach. Yet as Allen and Guru (2012) note, New Labour’s latter years in government saw it seek to create its own Muslim groups through which to engage on the matters that were important to the politicians. Criticized as smokescreens behind which politicians sought to establish institutionalized forms of Islam or ‘types’ of Muslims (Allen and Guru 2012), what emerged from this were a number of groups that had little credibility or traction with grassroots communities, including the National Muslim Women’s Advisory Group and the Young Muslim Advisory Group.

The combination of the shadow of counter-terror and counter-extremism with the shift in how formal Muslim–government relations were engineered and constructed seriously and detrimentally affected not only the extent to which Muslim communities and their groups and organizations were able to address Islamophobia but, more importantly, whether they were able to even begin the processes of engaging on the issue. As well as restricting what issues were important to Muslims themselves, the political mechanisms preferred by New Labour also restricted whose voices could be heard and, in consequence, who received funding, on what basis and for what purpose. As regards the latter, any funding of Muslim civic society was almost entirely for counter-terror or counter-extremism

activities: very little indeed was made available to support those seeking to address Islamophobia. Consequently, not only did Muslim communities have to take responsibility for addressing Islamophobia but they had to do so with their own resources and monies: another significant departure from how national government had historically supported minority communities working towards addressing discrimination. Admittedly, this did not stop those such as the IHRC working with grassroots communities, or the activities of those such as Muslim Engagement and Development (MEND, formerly iENGAGE). But what it did do was to seriously constrain the opportunities for such organizations’ advocacy work to be heard in political spaces.

After the 2010 general election, some evidence of potential change emerged when Baroness Sayeeda Warsi made her now infamous ‘dinner-table test’ speech, stating that, ‘Islamophobia has now crossed the threshold ... For far too many people, Islamophobia is seen as a legitimate – even commendable – thing.’ Her comments were seen as something of a watershed moment. Many within Muslim civic society even saw this as a statement of intent by the coalition government (Allen 2017). Warsi’s comments were catalytic, evident in the creation of the All-Party Parliamentary Group (APPG) on Islamophobia and the Cross-Government Working Group on Anti-Muslim Hate soon afterwards.

Having been actively engaged with both the APPG and the Cross-Government Working Group, the author found his optimism that things might be changing soon dissipated. While a number of factors are worthy of consideration – see Allen (2017) for a more detailed analysis – it cannot be denied that pertinent to this was the fact that the coalition government adopted a largely similar approach to that of its political predecessor as regards engaging Muslim communities. While swiftly disbanding New Labour’s self-constructed top-down groups, the coalition did, however, continue to engage only those meeting on the basis of similar unquestioned, taken-for-granted premises. Given that these groups and organizations were not always best placed to campaign and lobby government for change, despite the coalition seemingly affording greater importance to the issue of addressing Islamophobia, the result was little different from what had come before. The same governmental constraints and criteria that had rendered Muslim civic society largely impotent under New Labour had much the same effect under the coalition also.

Two somewhat contrasting civic society organizations deserve some recognition: Tell MAMA ('MAMA' being an acronym for 'measuring anti-Muslim attacks') and MEND. Initially funded by the coalition government, MAMA was established to provide a third-party reporting service to victims and witnesses of Islamophobia that enabled them to not only record details of the incident but also obtain further advice and support. Similarly to the service provided by the Community Safety Trust (CST) for victims of antisemitism, MAMA publishes data annually from which trends and developments can be identified and, hopefully, duly responded to. While MAMA has come under intense media and political scrutiny and criticism, there is little doubt that it has made significant progress in raising awareness about Islamophobia as being akin to other forms of hate, while also making a significant contribution towards evidencing the scale and prevalence of Islamophobia.

MEND too has run a number of initiatives and campaigns that have helped raise awareness about Islamophobia and what to do if individuals become victims. In addition, MEND made an extremely comprehensive and compelling submission to the Leveson Inquiry into the culture, practices and ethics of the British press, detailing how issues relating to Muslims and Islam are typically misunderstood and misrepresented in much news coverage. It is worth noting that all eight of MEND's recommendations were included in the Inquiry's final report, which was sealed by Royal Charter in October 2013. Despite this, MEND, like MAMA, is another organization that has come under intense media and political scrutiny.

On critical reflection, Muslim communities and civic society groups and organizations have faced an insurmountably difficult task in trying to address Islamophobia in the two decades since the publication of the original Runnymede report. The socio-political factors that continue to cast a long shadow over this period, combined with the political mechanisms that not only restricted and constrained but also demarcated on the basis of distinguishing 'good' from 'bad' Muslims through affording political legitimacy to particular groups, created an environment where Islamophobia was far from being a political priority and where Muslims could not meaningfully engage. While it would be easy to point the finger of blame at Muslim communities and their groups and organizations, doing so would misrepresent the realities of how difficult the task has been for Muslim civic society in particular: far more difficult than might have been envisaged back in 1997. While many were able to 'identify the recommendations on which they themselves

can take immediate initiatives', the barriers and obstacles they have encountered in seeking to do so have meant that Islamophobia remains not only a challenge but indeed a very widespread problem for British society today.

Tariq's story

Social scientist, London/Leeds, US American, brown male

'You constantly question whether something that happened was indeed an attack or not.'

Anti-Muslim sentiment has had a significant impact on my life in the UK in two ways. The first, more direct verbal abuse, has been easier to handle and address than the second, diffuse and innocuous underlying psychological abuse.

I have been verbally abused for being perceived or 'found out' as Muslim. All but one of these was in the 'gay scene', by drunk, white men or women. Most times it was easier for my mental and physical wellbeing to remove myself from the situation. What was more disappointing in these situations was the silence of observers, suggesting indifference.

The underlying anti-Muslim attitudes coated in a veneer of professionalism that I have experienced in academia have had much worse effects. The most poignant example, is my abuse for four years during my PhD by my research tutor. Along with other Muslim or South Asian students, I was the target of repeated attempts to derail our academic career and mental wellbeing.

The research tutor actively made anti-Muslim or racist comments behind our backs, but nobody would confront him because of his power. In front of others he would make certain comments about my beliefs or origins that were easily veiled as 'banter' or seemed completely innocuous to those unaware of what he was trying to do. One example was his insistence I drink at every occasion and repeated questioning as to why I wouldn't drink. When I would emphatically decline his offers in a tone indicating he should stop asking, I would be made to seem like the one committing a faux-pas. This is the least psychologically violent example.

Repeated gaslighting and 'undetectable' structural anti-Muslim actions by others are psychologically abusive because they undermine one's sense of reality. They can never be 'proven' and so go unaccepted and undetected. You constantly question whether something that happened was indeed an attack or not.

I have gone through therapy to address some issues, but others will likely not be able to be addressed in the short term. I know that I'm not the only one who has suffered this way. I don't see this as a badge of victimhood, but rather a testament to resilience in the face of structural inequality. The way forward can only be through recognizing and shunning the latent racism and anti-Muslim sentiment pervasive through UK society and attacking it not as an isolated phenomenon, but as intimately interlaced with other problems such as xenophobia and classism.

*Tariq's name has been changed to protect his identity and the descriptors are based on self identification.

10 Islamophobia across borders

Ed Pertwee

The early years of the 21st century have seen an extraordinary proliferation of political mobilizations against Islam in many European and North American countries, including campaigns against the building of mosques and minarets, and for imposing 'burqa bans'. This shows that anxiety about the place of Islam in 'western' societies transcends national boundaries. Furthermore many actors involved in these campaigns have built extensive international networks, and have long been sharing organizational models, strategies, tactics and resources. Significantly, many right-wing political parties, protest movements and advocacy groups across Europe and North America have come to view themselves as part of a transnational 'counter-jihad' movement dedicated to resisting what they perceive as the 'Islamization of the west'. This sphere of activity goes beyond casual prejudice or bigotry towards Muslims: it is grounded in a developed political ideology, supported by a complex organizational infrastructure, and goes far beyond simply issuing Islamophobic pronouncements.

The aim of this chapter is to introduce some of the key actors involved in this movement and the main elements of their political discourse, situating these in relation to other parts of the resurgent political right. The chapter will go on to discuss some examples of transnational networking, before concluding with a consideration of the movement's political impact.

Movement overview

The political geography of the counter-jihad movement is primarily transatlantic, although its wider political networks extend to countries such as Australia and Israel. The movement first began to coalesce in the mid- to late 2000s, but it had important political and intellectual antecedents. One political forerunner was the late Dutch politician Pim Fortuyn, who was one of the first to campaign on the theme of Islam as a threat to 'western liberal values', before being murdered by Volkert van der Graaf in 2002. Key intellectual resources for the movement include the 'clash of civilizations' literature developed by conservative American academics like Samuel Huntington and Bernard Lewis during the 1990s. Another key reference point is the 'Eurabia' conspiracy theory elaborated by the British author Gisele Littman ('Bat Ye'Or') and popularized by her disciples, including the American author and blogger

Robert Spencer and the Norwegian blogger Peder Jensen ('Fjordman').

In organizational terms, the European counter-jihad movement includes both party-political and street-based activist wings. Its key political figurehead has long been Geert Wilders, leader of the Party for Freedom in the Netherlands. Some European parties that have formed links with the movement include the Sweden Democrats, the Belgian Vlaams Belang and the Swiss People's Party. Other parties, such as the Alternative for Germany, the Austrian Freedom Party and the French Front National, have also mobilized against 'Islamization'.

The street-based, activist wing of the movement has included 'Stop the Islamization of ...' campaigns and 'Defence Leagues' in various European countries. The template for many of these groups was provided by the English Defence League (EDL), a street protest movement formed in the English town of Luton in the summer of 2009 (Jackson 2011). Other 'Defence Leagues' were formed in countries including Denmark, Norway, Finland, Sweden and Germany but none of these matched the mobilizing power of the EDL. Claiming to be 'leading the counter-jihad fight' in Europe, the EDL staged a series of provocative demonstrations in multi-ethnic towns and cities across England, including Birmingham, Leicester, Dudley and Bradford, which often involved violent clashes with anti-fascist counter-demonstrators and the police (Goodwin 2013). At its peak around 2011 it was able to mobilize up to 3,000 people at a time, but it went into long-term decline after its key leaders left in late 2013 and is today a shadow of its former self. However, the June 2017 'UK Against Hate' demonstration in Manchester promoted by former EDL leader Stephen Lennon ('Tommy Robinson'), and the similar 'Unite Against Extremism' event in London organized by the 'Football Lads Alliance' the same month, are reminiscent of the circumstances surrounding the emergence of the EDL (Smith and Shifrin 2017).

A slightly different organizational model has been provided by the German Pegida movement (Patriotic Europeans Against the Islamization of the West), formed in October 2014 in the city of Dresden in the former East Germany (De Genova 2015). At its peak, in January 2015, Pegida was able to mobilize up to

25,000 people for its rallies, which were preceded by silent processions through the city centre. These 'evening strolls' often attracted middle-class residents of Dresden, including families with children, in contrast to the EDL's largely male and working-class support base. Pegida groups have since been formed in other German cities and in countries including Austria, Norway, Sweden, Switzerland and the UK, albeit on a much smaller scale.

In organizational terms, the North American counter-jihad movement is quite different from its European counterpart. It is dominated by professionalized advocacy organizations that are often well resourced and well connected. One key organization is the Center for Security Policy (CSP), a Washington-based thinktank run by former Reagan administration official Frank Gaffney. The CSP produces alarmist literature alleging Muslim Brotherhood infiltration of the US government, a 'green scare' reminiscent of the anti-communist hysteria of the Cold War-era 'red scare'. In 2016 it launched a public counter-jihad campaign with an accompanying website, counterjihad.com. Another thinktank is the David Horowitz Freedom Center, which sponsors Robert Spencer's Jihad Watch blog.

At the grassroots level, ACT for America claims to have organized hundreds of thousands of supporters into several hundred local 'chapters' across the US. In June 2017 it organized a 'March Against Sharia' in multiple US cities (Siddiqui 2017). Smaller activist organizations include Stop Islamization of America, a US offshoot of the European 'Stop Islamization' groups, led since 2010 by Robert Spencer and Pamela Geller, another influential counter-jihad blogger.

Political ideology

This group of actors is organizationally and ideologically distinct from the neo-Nazi far right. Many counter-jihad organizations are strongly pro-Israel, and the movement's leadership in America includes several prominent Jewish activists and even Arab Christians. Many of these actors have emerged from the American religious right rather than the white nationalist movement or 'alt-right'. However, the counter-jihad also encompasses some political parties and movements that have histories of association with European fascism, such as the Sweden Democrats.

What unites this eclectic group of organizations and individuals is an apocalyptic vision of western crisis, decline and impending ethno-religious war,

and conspiratorial narratives of left-wing collusion with Muslims to bring about the 'Islamization' of the west. The discourse of the counter-jihad groups is haunted by a nightmare near-future in which a culturally eviscerated and demographically inundated Europe has been transformed into 'Eurabia', its population reduced to the status of second-class citizens ('dhimmis') living under 'sharia law'. In weaker versions of the narrative, Eurabia is brought about through the short-sightedness and naivety of western political elites and their excessively liberal immigration policies. In stronger versions of the narrative, Eurabia is imagined as the outcome of a deliberate plot by the political left and Muslims to undermine the national sovereignty of western nations through a 'stealth jihad'. These conspiracy theories ignore many inconvenient facts, not least the political marginality and sociocultural diversity of Muslim populations in the west. For instance, a British Muslim of Pakistani origin might struggle even to communicate with a French Muslim of Algerian origin, making an international Muslim conspiracy extremely unlikely, to say the least (Underhill 2009).

This apocalyptic and conspiratorial discourse has a number of important historical resonances. For example, the dystopian fantasy of Europeans becoming second-class citizens in their 'own' countries under Muslim rule will undoubtedly remind British readers of Enoch Powell's imagined future in which 'the black man will have the whip hand over the white man'. Similarly, the notion of Muslims as a 'fifth column' secretly plotting the destruction of western nation states recalls a key trope of classical antisemitism. However, European racism and antisemitism are not the only historical analogies that might be drawn here. For instance, recent hysteria about Obama being a secret Muslim is strongly reminiscent of McCarthy-era paranoia concerning Eisenhower being a secret communist.

Religious themes and motifs have become increasingly prominent within the European political right in the context of anxieties about Muslims and Islam. For instance, some European far-right politicians now speak of western identity in 'Judeo-Christian' rather than 'white ethnic' terms, borrowing from the language of the American religious right. Much of this new political discourse is vague and arguably euphemistic, but its ambiguity is perhaps one of the things that enables conservative American Christians and Jews (who are typically strongly pro-Israel) and European white nationalists (who often have histories of association with Nazism and antisemitism) to coexist within the same political networks. A shared sense of the need to defend

'western civilization' against Muslims and the political left can give rise to some otherwise unlikely political alliances. For instance, the journalist and provocateur Milo Yiannopoulos is both gay and Jewish (according to Jewish law, as his maternal grandmother is Jewish) but built close links with white nationalists and neo-Nazis during his tenure as a writer for Breitbart News (Bernstein 2017).

Internationalization

The international proliferation of political mobilizations against Islam, like the international growth of far-right activism more generally, is sometimes seen as a consequence of the post-2008 global economic crisis, or as a direct response to jihadist violence. However, many of the counter-jihad groups formed long before the economic crisis, and some of their most successful mobilizations have occurred in times and places where the threat of jihadist violence had seemed to be receding. When the EDL was formed in 2009, the July 2005 London bombings were four years in the past, while the implementation of fiscal austerity still lay in the future. When Pegida mobilized in late 2014, it did so in a country where there had been no recent jihadist terror attacks and where the economy was growing.

Instead, the idea of Islam as a hostile, 'alien' culture has been important, and it is often refracted through specific, local experiences. For instance, the EDL grew out of the United People of Luton, a local protest group set up in response to a demonstration by offshoots of Al Muhajiroun, which had protested a homecoming parade by the Royal Anglian Regiment in Luton town centre. The first Pegida protests were organized after the movement's founder witnessed an anti-ISIS demonstration by supporters of the Kurdish Workers' Party (PKK) in Dresden city centre, which he saw as symptomatic of the importation of 'foreign' religious conflicts into Germany. Stop Islamization of America gained international notoriety through organizing protests against the Park 51 development (popularly known as the 'Ground Zero Mosque'), a proposed Muslim community centre near the former site of the World Trade Center, which opponents claimed was being built on 'hallowed ground'. The importance of these specific, local conditions is one reason why organizational models and tactics developed in one context do not always translate to other, dissimilar contexts.

Online spaces like websites, blogs and social media have been instrumental in enabling these local, contextual experiences to be compared, analogized and woven together into broader

narratives of national or civilizational endangerment and capitulation to 'Islam'. Online spaces that have been important in the development of the movement include the US-based blogs Jihad Watch, Atlas Shrugs and Gates of Vienna, the Belgian website The Brussels Journal, the German blog Politically Incorrect and the Finnish blog Tundra Tabloids. In some cases, these virtual interactions have given rise to real-world organizations and networks. For example, the International Civil Liberties Alliance was formed in 2006 by contributors to the Gates of Vienna blog. Over the subsequent few years it sponsored international counter-jihad conferences in Copenhagen (2007 and 2009), Brussels (2007 and 2012), Vienna (2008), Zurich (2010), London (2011) and Warsaw (2013).

These international gatherings brought some far-right European parties and movements together with right-wing American activists, writers and bloggers for the first time. They also provided spaces in which to develop common tactics and strategies for resisting 'Islamization'. For instance, the 2010 conference in Zurich included a presentation entitled 'The anatomy of an EDL demo', which used a demonstration in Newcastle upon Tyne as a case study of street-based activism. The talk covered topics such as logistics and transportation, relationships with the police, networking and merchandizing opportunities, how to deal with counter-demonstrations by anti-racist groups, and ways of creating a cohesive group identity.

Other transnational networks emerged in the late 2000s and early 2010s as outgrowths of existing national organizations. For instance, the International Free Press Society was founded in 2009 as an extension of the Danish Free Press Society. Its advisory board included Bat Ye'Or, Geert Wilders, staff from the Centre for Security Policy and some of the most influential counter-jihad bloggers. Stop Islamization of Nations was set up in 2012 to unite the American and European 'Stop Islamization' groups and there were also efforts to form a federation of European Defence Leagues around the same time. It is worth emphasizing that many of these attempts at transnational networking have been episodic and some of the organizations described here are now in abeyance.

Political impact

One measure of the impact of counter-jihad street movements in Europe is the violence they have directed towards Muslims and others who 'look Muslim', and the disruption they have caused to

the communities they have targeted. These groups have sometimes also had specific local impacts, for instance where they have played an instrumental role in campaigns against mosque developments. Their impact on wider public and political discourse is harder to assess, but it is unlikely to have been a coincidence, for example, that former UK prime minister David Cameron chose to give a major speech criticizing 'state multiculturalism' on the day of a large 'homecoming' demonstration in Luton by the EDL (Helm et al. 2011).

The political influence of the US counter-jihad movement is far greater than that of its European counterpart. During the 2016 US presidential election, the Center for Security Policy supplied advisors to Republican candidates including Ted Cruz and Donald Trump. When Trump announced his support for a ban on Muslim immigration to the US he did so citing a poll published by the CSP.

The links between the Trump administration and the US counter-jihad movement are extensive, so only a few key examples can be given here (for a more extensive discussion see Beauchamp 2017). Mike Flynn, Trump's first national security advisor who was forced to resign after misleading administration officials about the nature of his conversations with the Russian ambassador, was at the time of his appointment a sitting board member of ACT for America. CIA director Mike Pompeo has spoken at ACT for America's annual conference and sponsored events for the group inside the Capitol building. Shortly after Trump's victory, ACT boasted in an email to supporters that it had 'a direct line to President-elect Trump through our allies such as ... Mike Pompeo'. Trump himself has met with ACT for America's leader, Brigitte Gabriel, at his Mar-a-Lago resort.

Other administration figures with links to the counter-jihad movement include former White House chief strategist Steve Bannon and senior policy advisor Stephen Miller. Several of these individuals were reported to have been closely involved in drafting Trump's Executive Order banning immigration to the US from seven Muslim-majority countries. Reportedly, the Trump administration has also been considering designating the Muslim Brotherhood a 'foreign terrorist organization'. This is a policy that the CSP and other counter-jihad organizations have been pushing for years and, if carried through, would likely have a devastating effect on Muslim civil society groups in the US.

Finally, we cannot ignore the potential for conspiratorial narratives of Muslim infiltration and left-wing collusion to inspire individual acts of extreme violence. The Norwegian mass murderer Anders Breivik extensively cited counter-jihad writers and bloggers in his 'manifesto', and rationalized his massacre of Norwegian Labour Party youth activists on the basis that they were potential future collaborators in the 'Islamization of Europe'. Breivik had a number of EDL supporters among his Facebook friends and posted on EDL message boards using the pseudonym 'Sigurd Jorsalfare' ('Sigurd the Crusader'), the name of a 12th-century Norwegian king (Jackson 2011).

Conclusion

Rather than thinking of anti-Muslim political mobilizations in isolation, it is important to see them as part of a transnational political movement with intellectual, political and activist 'wings'. This movement has an ideology that draws on historical forms of racism and nativism, but it has also gone beyond these to develop its own political language. The political influence of the movement varies from country to country, but it is undoubtedly in the US, under the administration of Donald Trump, that its direct impact on public policy is currently most visible. The speed with which its apocalyptic and conspiratorial narratives of western capitulation to 'Islamization' have entered the US political mainstream, using the Republican party as an electoral vehicle, provides an important warning for those of us living in countries where the political influence of these ideas is currently more limited.

Jasvir's story

Lawyer, London, British Punjabi, male

'I felt unsafe on my everyday journeys'

As a Sikh man who wears a turban I experience a hyper-visibility. Over the years various national or global events have precipitated an intensification of abuse directed at me. Most recently I found myself the target of a high level of abuse following the 2016 Brexit referendum. Much of the abuse levelled at me takes on an Islamophobic tinge. Abuse took place both online and on the street as I attempted to go to work. As I walked past people they would make monkey sounds. I was left unsure of how to react. Not knowing if responding would provoke further abuse or put me at further risk.

Online, following a tweet I sent commenting on the incidents of South Asians being attacked after the referendum I faced a barrage of abuse. This included comments such as 'Once you niggers fuck off back to curry land ...' and people calling me Taliban or Bin Laden. It felt the same as the environment after the London bombings.

The experiences were deeply unpleasant and I felt unsafe on my everyday journeys. I became more aware of my surroundings and felt a sense of vulnerability far greater than I ever did before. Although I reported cases of abuse to the police, the incidents made me self-aware of my own safety in the weeks immediately after the referendum, as well as saddened by what I could see happening in modern Britain.

Recently, some far-right groups have been running campaigns to get their followers to differentiate between Sikhs and Muslims. This is a strategy that tries to sow divisions in communities. When I have been targeted I never say 'I'm not Muslim – don't attack me' – no one should be attacked or harassed. We need to address all forms of discrimination and make sure that communities stand together against such awful behaviour.

It is vital for me to feel that I am playing my part in a united response from faith communities against racism and that we promote solidarity.

Hatred against one person is hatred against all.

11 'Everyone is a feminist when it comes to Muslim women': Gender and Islamophobia

Naaz Rashid

The claim that Islam oppresses women, in ways significantly different from and worse than the ways in which women are treated in other religions and cultures, is a recurring theme of much press coverage and comment. (Runnymede Trust 1997: 28)

Introduction

The 1997 Runnymede report into Islamophobia described the dominance of gendered discourse in public debate about Islam. Twenty years on, gender continues to dominate discussions of Islam in both media and policy debates. Concurrently, racial violence disproportionately targets Muslim women, especially those wearing the hijab. Gendered stereotypes can also be a barrier in the labour market (APPG on Race and Community 2012). These discussions continue to take place against longstanding policy debates about multiculturalism, Britishness and integration, as well as, more recently, discussions about radicalization. In this short chapter I examine how debates about the veil, gender violence and the 'war on terror' contribute to stereotypes of Muslim women as oppressed, passive victims, symbolic of Muslim communities' alleged failure to integrate, and increasingly as potential extremists. This type of framing does not capture or foreground the needs or experiences of Muslim women, and therefore struggles to win their support. Defending gender equality should be a more principled position, aligning with other equality and human rights perspectives, notably anti-racist ones. There is too often a contradiction between the discourse of gender rights and whether a commitment to such rights is borne out in reality.

Gendering anti-Muslim racism

Anti-Muslim racism reflects continuities and parallels with other types of racism. Different ethnic, cultural or religious groups come to experience 'racism' through a process of racialization whereby certain generalizations or stereotypes are created about them, through media, academic and policy narratives, based on differences in physical characteristics, appearance or other social distinctions.

Importantly, this process of racialization is gendered. In the case of anti-Muslim racism this means that

the stereotypes of Muslim women and Muslim men are different but mutually constitutive of one another. That is, they are formed in relation to each other. Muslim women are seen as 'oppressed', passive victims and Muslim men are seen as exceptionally misogynistic. Both stereotypes, however, stem from generalizations about Islam as a uniquely patriarchal religion (Kumar 2012). This widely held stereotype denies Muslim women (and men) agency and the ability to make the moral and social choices other groups are assumed to enjoy.

The issue of gender rights notably brings together Islamophobia from across the political spectrum, including both its far-right and its liberal forms. Liberal Islamophobia assumes that Muslim communities and 'culture' are inherently against certain liberal values (which are frequently seen as the exclusive preserve of the 'west') such as democracy, human rights, free speech, and gender and sexual equality (Mondon and Winter 2017). This narrative is also reflected in far-right anti-Islam sentiments. In his infamous appearance on the BBC's *Question Time* in 2009, for example, Nick Griffin, then leader of the British National Party, suggested that Islam did not fit in with British society because of its views on women, among other things (BBC News 2009).

Veiling (hijab/niqab)

While there have been no concerted efforts to ban the veil in the UK, it remains a source of concern and controversy. The veil is regarded as problematic for a variety of different reasons. First, it is seen as oppressive and representative of the presumed inferior position of women in Islam. This narrative relies on denying Muslim women wearing the veil any agency, the presumption being that all women are being forced to wear the veil by male family members. While there will of course be instances where this happens, as Tahira argues, 'The veil cannot be seen as a black-and-white-issue; each woman who wears it has a different story and I would like to see these women recognized as individuals' (BBC 2017). Equally, it could be argued that Muslim women are being pressured to remove their veils out of fear of anti-Muslim discrimination or violence.

Second, wearing the veil, and the niqab in particular, is frequently seen as a sign of a lack of integration and a failure to conform to British values. In 2006, Jack Straw, Labour home secretary at the time, infamously asked a niqab-wearing constituent to remove her niqab. As well as saying it would make *him* more comfortable, he described face veils as ‘a visible statement of separation and difference’ that made ‘better, positive relations between the two communities more difficult’ (Meer et al. 2010). Media coverage of integration invariably includes stock photos of women wearing niqabs, thus making the association very explicit. Unsurprisingly, the veil has been incorporated into discussions about inclusivity and Britishness.

Third, the veil has raised security concerns and has been associated with extremism. While there may be valid practical questions about whether it should be worn in particular professions (e.g. by nursery nurses) or contexts (e.g. in court or during security checks at airports), these can be largely accommodated. More problematic is that the veil continues to be associated with religious conservatism and therefore potentially non-violent extremism. For example, Tony Blair, in a defining speech on integration after the 7/7 London bombings, implied that veil wearing was a possible sign of extremism when he said, ‘it is not sensible to conduct this debate as if the only issue is this very hot and sensitive one of the veil. For one thing, the extremism we face is usually from men not women’ (Prime Minister’s Office 2006).

More recently, the Channel 4 newsreader Fatima Manji (who wears a hijab) was the subject of an inflammatory attack by Kelvin MacKenzie in *The Sun* in which he suggested that it was not appropriate for her to be presenting the news following the terrorist attacks in Nice in 2016. He asked, ‘Was it done to stick one in the eye of the ordinary viewer who looks at the hijab as a sign of the slavery of Muslim women by a male-dominated and clearly violent religion?’ In response, Manji, supported by Channel 4, complained to the press regulator, the Independent Press Standards Organisation (IPSO), suggesting that ‘The purpose of the article appeared to be to incite hatred against Muslims in general, Muslim women in particular, and me.’ IPSO, however, rejected the complaint against the Sun columnist, thereby arguably legitimating the association between wearing a hijab and support for terrorism (Greenslade 2016).

These very public debates, which frequently do not include the voices of veil-wearing women, inform wider

public opinion and continue to make veiled Muslim women targets of discrimination and racial violence.

Forced marriage and honour-based violence

Two forms of gendered violence dominate the policy landscape when discussing gender equality in Islam. These are forced marriage and honour-based violence (HBV). Forced marriage is distinct from arranged marriage in that coercion of either a physical or an emotional nature is used to force someone into marriage. ‘Honour’ violence, refers to instances of domestic violence or familial/child abuse where the motivation of protecting family ‘honour’, or *izzat*, is used as an extenuating factor.

Both these issues are rightly a matter of public concern and there are many third sector women’s organizations which undertake valuable work alongside government agencies to support women (and also occasionally male victims of such violence). And while it is important to recognize the culturally specific nature of these forms of gendered violence, in the climate of anti-Muslim racism such crimes have been sensationalized and racialized as distinct from a wider spectrum of gender violence. For example, such crimes are regularly described as ‘cultural practices’, separate from forms of domestic violence or child abuse which are committed across society more generally but which are never deemed to be cultural phenomena. These crimes are instead widely seen as the exclusive preserve of Muslims, reflecting the exceptionalism accorded to Muslim misogyny. While the increased attention given to honour killings in the media has opened up the issue of individual human rights for these women, it has also had the effect of exacerbating Islamophobia and fear of the ‘Other’ (Meetoo and Mirza 2007).

It is also striking that these issues are discussed in the context of the UK’s counter-terrorism agenda. There may be valid questions about the relationship between extremism, gendered violence and toxic masculinity. Such discussions, however, usually only address Muslim men, and where non-Muslim men are involved this is not generalized into a wider stereotype.

Finally, while violence against Muslim women is regularly invoked and instrumentalized in order to show the ‘backwardness’ of Muslim communities, this is not matched by a corresponding commitment to funding organizations working to tackle such violence, unless under the auspices of the Prevent agenda. This can be seen in the high-profile

campaigns against closure by organizations such as Apna Haq (Dugan 2015).

Gendering the ‘war on terror’

The original Prevent strategy and the specific initiatives which were introduced to engage with Muslim women between 2008 and 2010 were framed in terms of ‘empowerment’. The narrative of empowerment resonates with the idea that all Muslim women are oppressed. These initiatives were not premised on the idea that girls and women were at risk of being drawn into terrorism: that threat was seen to emanate principally from young men. It was only as mothers, sisters and wives that women and girls were engaged with, as people who might ‘prevent’ male family members from becoming involved in terrorism.

This representation of Muslim women can be seen in David Cameron’s controversial comments about Muslim women being ‘traditionally submissive’ in 2016 (Hughes 2016). As PM at the time, he was promoting funds to teach Muslim women English in order to combat extremism. Just as David Blunkett blamed Asian (Muslim) parents for not speaking English at home for the urban disturbances which took place in the northern former mill towns of Bradford, Burnley and Oldham in 2001 (Akbar 2002), so too have non-English-speaking Muslim mothers been blamed for the radicalization of Muslim youth.

In early 2015, reports of three 15-year-old British Muslim girls from the east end of London who had gone to join ISIS in Syria dominated the national and international news. These girls formed part of an increasing number of British Muslims travelling to join ISIS. The incidence of Muslim schoolgirls travelling to Syria sits in stark contrast to the way in which Muslim girls were presented in earlier Prevent initiatives. Muslim girls are increasingly being characterized as both ‘dangerous’ and ‘in danger’ (Mirza 2015: 40).

Now that the targets of the Prevent agenda have widened to include young people leaving the UK to join ISIS, counter-terrorism policies have been reframed as being about ‘safeguarding’. This conflates concerns about radicalization and terrorism with those about female genital mutilation (FGM), forced marriage and HBV. In a speech about extremism in July 2015, David Cameron provided more information about the number of cases of FGM and HBV than he did about the number of young people who had been ‘radicalized’ (Dearden 2015). While there is no denying that these are issues which require policy interventions, the conflation with

extremism and radicalization suggests that they are being instrumentalized as part of a broader anti-Muslim narrative.

Conclusion

In this short chapter I have explored contemporary mainstream public debates about gender and Islam. Earlier in 2017, UKIP’s election manifesto included a ban on the ‘dehumanizing’ burqa and full face coverings in public places partly on the grounds that veils ‘prevent intake of essential vitamin D from sunlight’. The manifesto also proposed introducing a screening programme of annual non-invasive physical check-ups for girls identified to be at risk of FGM (Maidment 2017), thus illustrating how everyone claims to be a feminist when it comes to Muslim women (Rashid 2016).

There is clearly a need to address many of the issues affecting Muslim women, to improve their wellbeing and tackle issues of gender inequality. However, these issues need to be approached more carefully, by both media and policymakers. Currently, the effect of many of the public and policy debates on Muslim women is to locate the problem of gender inequality squarely within Islam rather than in patriarchy more generally. In doing so, patriarchy becomes particularized to Muslims, thus feeding anti-Muslim stereotypes, which then adversely affect Muslim women. It is hard to see how this either benefits Muslim women or, ultimately, addresses concerns about gender equality.

Instead, policy responses need to develop and support a wider analysis of gender inequality in relation to Muslim women. It should be clearly recognized that Muslim women exist as actors in wider society, not just as members of ‘the Muslim community’. This means that for Muslim women, gender inequality is inextricably linked to anti-Muslim racism and one cannot be tackled without dismantling the other. They are also subject to patriarchy in wider society, not only from within their communities. In addition, they are affected by economic inequality; BME women (including Muslim women) are most adversely affected by austerity-driven budget decisions – hardly an indicator that their needs and preferences are at the forefront of policymaking (Hall et al. 2017).

In addition, policy discussions need to avoid simplistic generalizations and to centre the voices of Muslim women. That is not to suggest that all Muslim women think the same; recognition and reflection of the diversity among Muslim women

is key to addressing their stigmatization. There are already many Muslim women's organizations, activists and academics who are undertaking that task themselves. From organizations which have encouraged Muslim girls to learn fencing (Maslaha: <http://maslaha.org/muslim-girls-fence>) to hijab-wearing spoken word artists (The Brown Hijabi: <https://thebrownhijabi.com/>), there is certainly resistance to the simplistic narratives about Muslim women discussed in this chapter.

This is not only a question of good social-scientific and policy analysis, but one of solidarity. People who purport to be feminist when it comes to Muslim women, while at the same time affirming Islamophobic tropes and failing to address wider gender or other inequalities, are inconsistent. Tackling gender inequality generally will indeed benefit Muslim women, but those benefits will be incomplete unless anti-Muslim racism is directly challenged too. Because of the way that Muslim women are particularly affected by anti-Muslim racism, we must reaffirm the need to challenge all forms of gender and racial inequality, to improve the lives of Muslim women and all people affected by social inequalities and injustice.